

UI - 21261423
 PMID- 11369016
 DA - 20110522
 ECOM- 21110823
 IS - 1121-9150
 VI - 156
 IF - 1
 DP - 2011 May
 TI - Effect of intensive lipid-lowering strategy on low-density lipoprotein particle size in patients with type 2 diabetes mellitus.
 PG - 109-16
 AB - A preponderance of small dense LDL particles is strongly associated with the occurrence of atherosclerotic disease. Although several studies have documented an increased prevalence of small dense LDL particles in diabetes mellitus no data are available to show the effect of lipid-lowering treatment upon the improvement of LDL particle size. In the present study we examined the effect of lipid-lowering treatment, following an intensive lipid-lowering strategy for 30 weeks pursuing ADA recommended target lipid levels, on LDL particle size in 50 type 2 diabetic patients with moderate hyperlipidemia. At week 0, 24 patients (48%) were characterized by small dense LDL phenotype pattern B. After the treatment period a shift towards normal LDL particle size was observed in 17 patients but seven patients (29%) showed the more atherogenic LDL subclass pattern B. After treatment, plasma HDL-cholesterol was significantly lower ($P < 0.05$) in these patients compared to those who had LDL subclass pattern A. Multivariate regression analysis revealed VLDL-cholesterol or triglycerides and HDL(3)-cholesterol as independent determinants for LDL particle size. Change in HDL(2)-cholesterol was an independent determinant for change in LDL particle size. In conclusion, a strategy of intensive lipid-lowering, with the intention to reduce triglyceride levels below 1.7 mmol/l, may be insufficient to ensure improvement in LDL size in all patients.
 AD - Department of Internal Medicine, G02.228, University Medical Center Utrecht, Heidelberglaan 100, PO Box 85500, 3508 GA Utrecht, The Netherlands.
 FAU - Niemeijer-Kanters, S D
 AU - Niemeijer-Kanters SD
 FAU - Dallinga-Thie, G M
 AU - Dallinga-Thie GM
 FAU - de Ruijter-Heijstek, F C
 AU - de Ruijter-Heijstek FC
 FAU - Algra, A
 AU - Algra A
 FAU - Erkelens, D W
 AU - Erkelens DW
 FAU - Banga, J D
 AU - Banga JD
 FAU - Jansen, H
 AU - Jansen H
 LA - eng
 PT - Journal Article
 CY - Ireland
 TA - Atherosclerosis
 JID - 0242543
 RN - 1 Antilipemic Agents
 RN - 2 Lipoproteins, HDL Cholesterol
 RN - 3 Lipoproteins, LDL
 RN - 4 Triglycerides
 SE - IM
 MH - Aged
 MH - Antilipemic Agents/*therapeutic use
 MH - Diabetes Mellitus, Non-Insulin-Dependent/*blood/*drug therapy
 MH - Female
 MH - Human
 MH - Hyperlipidemia/drug therapy/etiology

MH - Lipoproteins, HDL Cholesterol/blood
 MH - Lipoproteins, LDL *blood *chemistry
 MH - Male
 MH - Middle Age
 MH - Particle Size
 MH - Support, Non-U.S. Gov't
 MH - Triglycerides/blood
 EDAT- 2001/05/23 10:00
 MHDA- 2001/05/24 10:01
 AID - S0021915000006420 [pii]
 PST - ppublish
 SO - Atherosclerosis 2001 May;156(1):109-16.

UI - 20544561
 PMID- 11055452
 DA - 20001129
 DCOM- 20001214
 IS - 0021-9150X
 VI - 55
 IP - 11

DP - 2000 Nov
 TI - Effect of insulin and sulfonylurea therapy, at the same level of blood glucose control, on low density lipoprotein subfractions in type 2 diabetic patients.

PG - 4198-92

AB - The aim of this study was to evaluate the effect of sc insulin (INS) compared with sulfonylurea (SUL) therapy, at the same level of blood glucose control, on the low density lipoprotein (LDL) subfraction profile in normolipidemic type 2 diabetic patients. Nine normolipidemic type 2 diabetic men (age, 56+/-3 yr; body mass index, 26.5+/-0.9 kg/m2; mean +/- SEM), after a 3-week wash-out period, were assigned to INS or SUL for 2 months in a randomized cross-over design. Doses were adjusted only during the first month and then were kept constant. At the end of the treatments, hemoglobin A1c, plasma lipids, LDL, and very low density lipoprotein (VLDL) subfraction profiles and plasma postheparin lipoprotein lipase and hepatic lipase (HL) activities were evaluated. Despite glucose control was similar at the end of both periods (hemoglobin A1c, 7.4+/-0.3% vs. 7.0+/-0.1%, INS vs. SUL), INS compared with SUL significantly reduced plasma triglyceride (0.9+/-0.1 vs. 1.1+/-0.1 mmol/L; $P < 0.05$). Although INS did not affect the LDL concentration, it induced a decrease in both the amount (59.0 +/- 9.8 vs. 76.1+/-16.8 mg/dL; $P = \text{NS}$) and the proportion (31.2+/-3.0% vs. 38.3+/-3.8%; $P < 0.03$) of small LDL. Moreover, the decrease in small LDL was positively related to the reduction of large VLDL ($r = 0.67$; $P < 0.04$) and HL ($r = 0.69$, $P < 0.05$) induced by insulin therapy. In conclusion, sc insulin therapy, independently of glucose control and even in the presence of quite low plasma triglyceride levels, is able to reduce small LDL particles in type 2 diabetic patients. This change is related to decreases in both HL activity and large VLDL particles.

AD - Department of Clinical and Experimental Medicine, Federico II University Medical School, Naples, Italy. nmed.unina.it

FAU - Rivellese, A A
 AU - Rivellese AA
 FAU - Fatti, L
 AU - Fatti L
 FAU - Romano, G
 AU - Romano G
 FAU - Innelli, F
 AU - Innelli F
 FAU - Di Marino, L
 AU - Di Marino L
 FAU - Annuzzi, G

AU - Annuzzi G
 FAU - Iavicoli, M
 AU - Iavicoli M
 FAU - Coronei, G A
 AU - Coronei GA
 FAU - Riccardi, G
 AU - Riccardi G
 LA - eng
 PT - Clinical Trial
 PT - Journal Article
 PT - Randomized Controlled Trial
 CY - UNITED STATES
 TA - J Clin Endocrinol Metab
 JID - 8375441
 RN - 0 (Blood Glucose)
 RN - 0 (Hypoglycemic Agents)
 RN - 0 (Lipoproteins, HDL Cholesterol)
 RN - 0 (Lipoproteins, LDL)
 RN - 0 (Lipoproteins, VLDL)
 RN - 0 (Phospholipids)
 RN - 0 (Sulfonylurea Compounds)
 RN - 0 (Triglycerides)
 RN - 10234-21-3 (Glyburide)
 RN - 11061-68-0 (Insulin)
 RN - 57-81-3 (Cholesterol)
 SB - AIM
 SB - IM
 MH - Blood Glucose/*metabolism
 MH - Cholesterol/blood
 MH - Cross-Over Studies
 MH - Diabetes Mellitus, Non-Insulin-Dependent/*blood/*drug therapy
 MH - Drug Therapy, Combination
 MH - Glyburide/*therapeutic use
 MH - Human
 MH - Hypoglycemic Agents/*therapeutic use
 MH - Insulin/*therapeutic use
 MH - Lipoproteins, HDL Cholesterol/blood
 MH - Lipoproteins, LDL/*blood
 MH - Lipoproteins, VLDL/blood
 MH - Male
 MH - Middle Age
 MH - Phospholipids/blood
 MH - Postprandial Period
 MH - Regression Analysis
 MH - Sulfonylurea Compounds/*therapeutic use
 MH - Support, Non-U.S. Gov't
 MH - Triglycerides/blood
 EDAT- 2000/11/30 11:31
 MHDA- 2001/02/28 10:01
 PST - publish
 SO - J Clin Endocrinol Metab 2000 Nov;85(11):4188-92.

UI - 1169154
 PMID- 11674315
 DA - 2001/02/28
 ECOM- 2001/02/28
 IS - 1559-4753
 VI - 11
 IP - 4
 DP - 2000 Aug
 TI - Lipid and lipoprotein patterns in type 2 non-obese diabetic patients. Do
 Lp(a) levels decrease with improved glycemic control in these patients?

PG - 204-6

AB - BACKGROUND AND AIM: In this study, we investigated the levels of apolipoprotein-AI (apo-AI), apolipoprotein (apo-B), triglyceride (TG), high-density-lipoprotein-cholesterol (HDL-C), low-density-lipoprotein-cholesterol (LDL-C), total cholesterol, lipoprotein(a) in a group of non-obese, type 2 diabetes mellitus patients with different types of treatment and a control group of non-obese, non-diabetic subjects. METHODS AND RESULTS: Patients were divided into three groups according to their treatment types: insulin, sulphonylurea and untreated groups. All groups were similar in sex, weights, known duration of diabetes and habits. Each group consisted of 30 subjects. There were no differences in apo-AI, apo-B and TG levels ($p > 0.05$), whereas HDL-C levels in the untreated group were significantly lower than those of the other groups ($p < 0.05$). Lp(a) levels in the untreated group were higher than in the other ($p < 0.05$). CONCLUSIONS: Gaining metabolic control in diabetes mellitus is crucial in pulling back lipid, lipoprotein and apolipoprotein levels to a desired level and in attenuating CAD (coronary artery disease) risk factors, and also in preventing CAD. Lp(a) levels in particular are decreased by insulin or sulphonylurea in non-obese patients with type 2 diabetes mellitus.

AD - Department of Internal Medicine, Cumhuriyet University, Sivas, Turkey.

FAU - Alagozlu, H

AU - Alagozlu H

FAU - Gultekin, F

AU - Gultekin F

FAU - Candan, F

AU - Candan F

LA - eng

PT - Journal Article

CY - ITALY

TA - Nutr Metab Cardiovasc Dis

JID - 9111474

EN - 0 (Apolipoprotein A-I)

EN - 0 (Apolipoproteins B)

EN - 0 (Blood Glucose)

EN - 0 (Hemoglobin A, Glycosylated)

EN - 0 (Lipids)

EN - 0 (Lipoprotein(a))

EN - 0 (Lipoproteins)

EN - 0 (Lipoproteins, HDL Cholesterol)

EN - 0 (Lipoproteins, LDL Cholesterol)

EN - 0 (Sulphonylurea Compounds)

EN - 0 (Triglycerides)

EN - 11061-66-0 (Insulin)

EN - 21187-98-4 (Gliclazide)

EN - 57-98-6 (Cholesterol)

SB - IM

MH - Apolipoprotein A-I/blood

MH - Apolipoproteins B/blood

MH - Blood Glucose/metabolism

MH - Cholesterol/blood

MH - Comparative Study

MH - Diabetes Mellitus, Non-Insulin-Dependent/*blood/drug therapy

MH - Female

MH - Gliclazide/therapeutic use

MH - Hemoglobin A, Glycosylated analysis

MH - Human

MH - Insulin/therapeutic use

MH - Lipids/*blood

MH - Lipoprotein(a)/*blood

MH - Lipoproteins/*blood

MH - Lipoproteins, HDL Cholesterol/blood

MH - Lipoproteins, LDL Cholesterol/blood

MH - Male

MH - Reference Values

MH - Sulfonylurea Compounds/therapeutic use
 MH - Triglycerides/blood
 EDAT- 2000/11/18 11:00
 MHDA- 2000/03/03 10:01
 PST - publish
 SO - Nutr Metab Cardiovasc Dis 2000 Aug;10(4):204-9.

UI - 10017297
 PMID- 10781747
 DA - 20000511
 DCOM- 20000511
 LR - 20001218
 IS - 1520-7952
 VI - 16
 IF - 2
 DE - 2000 Mar-Apr
 TI - Pravastatin compared to bezafibrate in the treatment of dyslipidemia in insulin-treated patients with type 2 diabetes mellitus.
 PG - 82-7
 AB - BACKGROUND: Both HMG-CoA reductase inhibitors and fibric acid derivatives are used for the treatment of dyslipidemia in Type 2 diabetes patients. The aim of this study was to compare the lipid lowering effect of 40 mg pravastatin, a HMG-CoA reductase inhibitor, and 400 mg bezafibrate, a fibric acid derivative, on serum lipids, lipoproteins and lipoprotein composition in 45 (22 men and 23 women) dyslipidemic, insulin-treated Type 2 diabetes patients. METHOD: The study used a double-blind, cross-over design. RESULTS: Pravastatin treatment was more effective in reducing total cholesterol, LDL-cholesterol, LDL-triglycerides, LDL-ApoB and LDL/HDL-cholesterol ratio (all $p < 0.001$ between groups) and total, HDL-cholesterol and ApoA1/LDL-ApoB ratios (both $p < 0.01$) and always induced a decrease in LDL-cholesterol concentrations and LDL/HDL-cholesterol ratio irrespective of baseline triglyceride concentration. Bezafibrate was more effective in increasing HDL-cholesterol ($p < 0.01$ between groups), ApoA1 lipoprotein and decreasing triglycerides (both $p < 0.001$ between groups) but induced an increase in LDL-cholesterol concentration particularly in patients with baseline triglyceride concentrations exceeding 2.0 mmol/l. With bezafibrate treatment the LDL-cholesterol/LDL-ApoB ratio showed a tendency to rise, suggesting a change in the LDL particle composition to a less small and dense form, while pravastatin treatment induced a decrease in this ratio suggesting a change in the LDL particle to a more dense form. With pravastatin treatment a small rise in HbA(1c) was observed. CONCLUSION: Pravastatin treatment is superior in lowering cholesterol-enriched lipoprotein subpopulations and improving cardiovascular risk factors. Bezafibrate is more effective in raising HDL-cholesterol and alters LDL particle composition to a more favorable form.
 AD - Department of internal medicine Ziekenhuis Amstelveen, Amstelveen, The Netherlands. rustemeijer@wxs.nl
 FAU - Rustemeijer, C
 AU - Rustemeijer C
 FAU - Schouten, J A
 AU - Schouten JA
 FAU - Vierman, H J
 AU - Vierman HJ
 FAU - Hensgens, H E
 AU - Hensgens HE
 FAU - Donker, A J
 AU - Donker AJ
 FAU - Heine, R J
 AU - Heine RJ
 LA - eng
 PT - Clinical Trial

PT - Journal Article
 PT - Randomized Controlled Trial
 CY - ENGLAND
 TA - Diabetes Metab Res Rev
 JID - 12493480
 RN - 1. Anticholesteremic Agents
 RN - 2. Antilipemic Agents
 RN - 3. Lipoproteins, HDL Cholesterol
 RN - 4. Lipoproteins, LDL Cholesterol
 RN - 5. Lipoproteins, VLDL Cholesterol
 RN - 6. Triglycerides
 RN - 11061-67-0 (Insulin)
 RN - 41-89-67-0 (Bezafibrate)
 RN - 87-88-9 (Cholesterol)
 RN - 1093-17-0 (Pravastatin)
 SB - IM
 MH - Adult
 MH - Aged
 MH - Anticholesteremic Agents/therapeutic use
 MH - Antilipemic Agents/*therapeutic use
 MH - Bezafibrate *therapeutic use
 MH - Cholesterol blood
 MH - Comparative Study
 MH - Diabetes Mellitus, Non-Insulin-Dependent/blood/*complications/*drug therapy
 MH - Female
 MH - Human
 MH - Hyperlipidemia/blood/complications/*drug therapy
 MH - Insulin/*therapeutic use
 MH - Lipoproteins, HDL Cholesterol/blood
 MH - Lipoproteins, LDL Cholesterol/blood
 MH - Lipoproteins, VLDL Cholesterol/blood
 MH - Male
 MH - Middle Age
 MH - Pravastatin *therapeutic use
 MH - Triglycerides/blood
 EDAT- 2000/04/07 09:00
 MHDA- 2000/06/03 09:00
 AID - 10 1002 (SICI)1520-7560(200003/04)16:2<82::AID-DMRR89>3.0.CO;2-G [pii]
 EST - ppublish
 SO - Diabetes Metab Res Rev 2000 Mar-Apr;16(2):82-7.

UI - 20090719
 PMID- 10821083
 DA - 20000604
 DCOM- 20000604
 IE - 20001214
 IS - 0189-168X
 VI - 16
 IP - 2
 DP - 2000 Jan-Mar
 TI - The effect of glycaemic control on the prevalence and pattern of dyslipidaemia in Nigerian patients with newly diagnosed non insulin dependent diabetes mellitus.
 PG - 87-93
 AB - Dyslipidaemia (DL) is a common condition in patients with NIDDM, but its prevalence and the effect of glycaemic control on the disorder have only been sparsely reported in Nigerians. The present study is therefore aimed at determining the effect of diabetic control on prevalence and pattern of DL in Nigerian patients with NIDDM. Thirty six diabetics were followed up for 24 weeks. Indices determined included anthropometric measurements, fasting (FPG) and two hour post prandial blood glucose (2 hours PPBG),

together with glycated haemoglobin (GHb) levels, and fasting lipids at presentation, 12 and after 24 weeks of treatment. The prevalence rates of raised total cholesterol, high density lipoprotein cholesterol (TC/HDL) ratio, reduced HDL-cholesterol and mixed DL decreased significantly between 0-week and 24 weeks of treatment (57.1% vs 14.3% 50% vs 11.4% and 44% vs 22.2% respectively, $P < 0.001$ for each). The proportion of patient with elevated low-density lipoprotein-cholesterol also decreased significantly from 21.4% at 0-week to 8.8 after 24 weeks ($P < 0.025$). On the other hand, the prevalence of hypercholesterolaemia and hypertriglyceridaemia were not significantly changed between 0 and 24 weeks ($P > 0.05$). Patients with DL despite treatment were characterised by higher FBG at 24 weeks of treatment compared with normolipidaemic patients ($P < 0.001$). It is concluded from this study that improved glycaemic control reduced some dyslipidaemia, and may therefore suffice to correct them in some Nigerian patients with NIDDM.

AD - Eko Hospital, Ikeja, Lagos, Nigeria.
 FAU - Agbolola-Aku, C F
 AU - Agbolola-Aku CF
 FAU - Ohwovoriole, A E
 AU - Ohwovoriole AE
 FAU - Akinlade, K S
 AU - Akinlade KS
 LA - eng
 PT - Journal Article
 CY - NIGERIA
 TA - West Afr J Med
 JID - 2001391
 RN - 0 (Blood Glucose)
 RN - 0 (Hemoglobin A, Glycosylated)
 RN - 0 (Lipoproteins, HDL Cholesterol)
 RN - 0 (Lipoproteins, LDL Cholesterol)
 RN - 0 (Triglycerides)
 SB - IM
 MH - Blood Glucose/analysis
 MH - Case-Control Studies
 MH - Diabetes Mellitus, Non-Insulin-Dependent/blood/*complications/*prevention & control
 MH - Female
 MH - Follow-Up Studies
 MH - Hemoglobin A, Glycosylated/metabolism
 MH - Human
 MH - Hyperlipidemia blood/*etiology
 MH - Lipoproteins, HDL Cholesterol/blood
 MH - Lipoproteins, LDL Cholesterol/blood
 MH - Male
 MH - Middle Age
 MH - Nigeria
 MH - Prevalence
 MH - Support, Non-U.S. Gov't
 MH - Triglycerides/blood
 EDAT- 2000/05/23 09:31
 MHDA- 2000/06/10 09:31
 PST - publish
 SO - West Afr J Med 2000 Jan-Mar;19(1):27-33.

UI - 20012099
 PMID- 10547208
 EA - 19991117
 ECOM- 19991117
 LF - 20011218
 IS - 0742-3071
 VI - 16

IP - 10
 DP - 1999 Oct
 TI - The lipoprotein profile differs during insulin treatment alone and combination therapy with insulin and sulphonylureas in patients with Type 2 diabetes mellitus.
 PG - 913-6
 AB - AIMS: To study whether changes in endogenous insulin secretion at the same glycaemic control affect the plasma concentrations of lipoproteins in patients with Type 2 diabetes mellitus. METHODS: Fifteen patients, age 59+/-2 years (mean +/- SEM), body weight 86.3+/-3.0kg, body mass index 28.6+/-0.9 kg/m2 were treated with sulphonylurea and insulin in combination or with insulin alone in a randomized, double-blind, crossover study. All patients were treated with a multiple daily injection regimen with the addition of gliclazide 10.5 mg daily or placebo tablets. RESULTS: During combination therapy, the dose of insulin was 25% less ($P < 0.002$) and there was a 29% increase in plasma C-peptide concentration ($P = 0.01$). Plasma levels of free insulin were not changed. Plasma levels of sex hormone-binding globulin (SHBG) and insulin-like growth factor-binding protein (IGFBP)-1 were lowered. There were no differences in the 24-h blood glucose profiles or HbA1c (6.0 ± 0.2 vs. $6.3 \pm 0.2\%$; $P = 0.16$). Body weight was similar. There was a significant decrease in plasma LDL cholesterol (3.04 ± 0.24 vs. 3.41 ± 0.21 mmol/l; $P = 0.04$), apolipoprotein A1 and of lipoprotein(a) but an increase in VLDL-triglycerides (1.96 ± 0.31 vs. 0.96 ± 0.16 mmol/l; $P = 0.02$) during combination therapy. The ratio between LDL cholesterol and apolipoprotein B concentrations was significantly lower during combination therapy ($P < 0.01$). CONCLUSIONS: Combination therapy with insulin and sulphonylureas increases portal insulin supply and thereby alters liver lipoprotein metabolism when compared with insulin therapy alone.
 AD - Faculty of Health Sciences, Linköping University, Sweden.
 Tartjorn.Lindstrom@end.us.liu.se
 FAU - Lindstrom, T
 AU - Lindstrom T
 FAU - Nystrom, F H
 AU - Nystrom FH
 FAU - Olsson, A G
 AU - Olsson AG
 FAU - Ottosson, A M
 AU - Ottosson AM
 FAU - Arngvist, H J
 AU - Arngvist HC
 LA - eng
 PT - Clinical Trial
 PT - Journal Article
 PT - Randomized Controlled Trial
 CY - ENGLAND
 TA - Diabet Med
 JID - 9900811
 RN - 0 (C-Peptide)
 RN - 0 (Insulin-Like Growth-Factor Binding Protein 1)
 RN - 0 (Lipoproteins)
 RN - 0 (Lipoproteins, LDL Cholesterol)
 RN - 0 (Lipoproteins, VLDL)
 RN - 0 (Sex Hormone-Binding Globulin)
 RN - 0 (Sulphonylurea Compounds)
 RN - 0 (Triglycerides)
 RN - 1161-66-0 (Insulin)
 RN - 47763-96-6 (Insulin-Like Growth Factor I)
 SB - IN
 MH - Aged
 MH - C-Peptide/blood
 MH - Crossover Studies
 MH - Diabetes Mellitus, Non-Insulin-Dependent/*blood/*drug therapy
 MH - Double-Blind Method
 MH - Female

MH - Human
 MH - Insulin/administration & dosage/blood/*therapeutic use
 MH - Insulin-Like Growth Factor I/analysis
 MH - Insulin-Like Growth-Factor Binding Protein 1/blood
 MH - Lipoproteins *blood
 MH - Lipoproteins, LDL Cholesterol/blood
 MH - Lipoproteins, VLDL/blood
 MH - Male
 MH - Middle Age
 MH - Sex Hormone-Binding Globulin/analysis
 MH - Sulfonylurea Compounds/administration & dosage/*therapeutic use
 MH - Support, Non-U.S. Gov't
 MH - Triglycerides/blood
 EDAT- 1999/11/05
 MHDA- 1999/11/05 00:01
 PST - publish
 SO - Diabet Med 1999 Oct;16(10):820-6.

UI - 99441567
 PMID- 10511896
 DA - 19991026
 DTOM- 19991026
 LR - 20001218
 IS - 0001-9385
 VI - 54
 IP - 4
 DP - 1999 Aug
 TI - Plasma lipoprotein (a) levels in Turkish NIDDM patients with and without vascular diabetic complications.
 PG - 203-7
 AB - OBJECTIVE: Plasma concentrations of lipoprotein (a) [Lp(a)], an independent risk factor for atherosclerosis, were measured in 59 non-insulin-dependent diabetes mellitus (NIDDM) patients with and without vascular complications, and 21 non-diabetic healthy subjects. RESULTS: The plasma log Lp(a) levels were found to be significantly increased in the NIDDM patients (1.40 +/- 0.36) compared with the healthy subjects (1.02 +/- 0.53; $p < 0.05$). Plasma Lp(a) levels in NIDDM patients with diabetic vascular complications (1.51 +/- 0.27) were significantly higher than those of the NIDDM patients without diabetic vascular complications (1.23 +/- 0.43) and healthy subjects ($p < 0.05$). There were significant correlations between plasma log Lp(a) levels and apolipoprotein B (apo B) in all NIDDM patients ($r = 0.68$, $p < 0.05$). No correlation was observed between Lp(a) levels and age, sex, duration of diabetes, fasting blood glucose, haemoglobin A1c, the mode of treatment, triglycerides, total cholesterol, low-density lipoprotein cholesterol, high-density lipoprotein cholesterol, and apolipoprotein A1 levels in all patients. CONCLUSIONS: It was concluded that Lp(a) was a risk factor for angiopathy in NIDDM patients and the patients who have a high plasma Lp(a) concentration should be kept under strict glycaemic control.
 AD - Karadeniz Technical University Faculty of Medicine, Department of Internal Medicine, Trabzon, Turkey.
 FAU - Erem, C
 AU - Erem C
 FAU - Ieger, C
 AU - Ieger C
 FAU - Eostan, M
 AU - Eostan M
 FAU - Irem, A
 AU - Irem A
 FAU - Sanmez, M
 AU - Sanmez M
 FAU - Ulusoy, S

AU - Ulusoy S
 FAU - Telatar, M
 AU - Telatar M
 LA - eng
 PT - Journal Article
 CY - BELGIUM
 TA - Acta Cardiol
 JID - 0370570
 RN - 0 (Lipoprotein(a))
 RN - 0 (Lipoproteins, HDL Cholesterol)
 RN - 0 (Lipoproteins, LDL Cholesterol)
 SB - IM
 MH - Adult
 MH - Diabetes Mellitus, Non-Insulin-Dependent/*blood
 MH - Diabetic Angiopathies/blood
 MH - Female
 MH - Human
 MH - Lipoprotein(a)/*blood
 MH - Lipoproteins, HDL Cholesterol/blood
 MH - Lipoproteins, LDL Cholesterol/blood
 MH - Male
 MH - Middle Age
 MH - Risk Factors
 MH - Turkey
 EDAT- 1999/10/09
 MHDA- 1999/10/09 00:01
 PST - ppublish
 SO - Acta Cardiol 1999 Aug;54(4):263-7.

UI - 99367193
 PMID- 10436349
 DA - 20000405
 DCOM- 20000405
 LR - 20001118
 IS - 0940-5429
 VI - 36
 IP - 1-2
 DP - 1999 Jun
 TI - The effect of gemfibrozil on lipid profile and glucose metabolism in hypertriglyceridaemic well-controlled non-insulin-dependent diabetic patients. For the Gemfibrozil Study Group.
 PG - 17-21
 AB - We assessed the efficacy of gemfibrozil therapy on lipid profile and glucose metabolism in a large cohort of (type 2) non-insulin-dependent diabetic patients. We enrolled 217 type 2 diabetic patients with plasma triglyceride concentrations equal to or above 2 mmol/l. 110 were randomised to gemfibrozil (600 mg twice daily) and 107 to placebo treatment in a double blind fashion. Each treatment was followed for 20 weeks. To assess postprandial glucose metabolism and insulin secretion, at time 0 and 20 weeks, a standard meal containing 12.5 g of proteins, 40.1 g of carbohydrate, 10 g of lipids was given. No differences in demographic characteristics were observed between patients randomized either to gemfibrozil or to placebo therapy. No differences were observed in total cholesterol and LDL-cholesterol concentration changes between the baseline observations and week 20 of both treatments. At variance, both treatments significantly increased HDL cholesterol. Gemfibrozil treatment significantly decreased plasma triglyceride concentration from 316+/-84 to 214+/-82 mg/dl (P < 0.001), whereas with placebo triglyceride levels increased from 319 + 93 to 390 + 217 mg/dl. No changes were observed in non-esterified fatty acid concentrations or in fasting plasma glucose concentrations, in HbA1C values, insulin and C-peptide concentrations. Gemfibrozil treatment: 1. significantly reduces circulating triglyceride

concentration; 2) does not significantly affect cholesterol concentration;
3) does not worsen glucose metabolism.

AD - Division of Metabolic Diseases, Via Giustiniani 2, I-35100 Padova, Italy.
FAU - Avogaro, A
AU - Avogaro A
FAU - Filiegi, T
AU - Filiegi T
FAU - Catapano, A
AU - Catapano A
FAU - Miola, M
AU - Miola M
FAU - Tiengo, A
AU - Tiengo A
LA - eng
PT - Clinical Trial
FT - Journal Article
FT - Multicenter Study
FT - Randomized Controlled Trial
CY - GERMANY
TA - Acta Diabetol
JID - 9200299
EN - 0 (Antilipemic Agents)
EN - 0 (Blood Glucose)
EN - 0 (Fatty Acids, Nonesterified)
EN - 0 (Hypoglycemic Agents)
EN - 0 (Lipids)
EN - 0 (Lipoproteins, HDL Cholesterol)
EN - 0 (Lipoproteins, LDL Cholesterol)
EN - 0 (Placebos)
EN - 0 (Triglycerides)
EN - 25811-39-0 (Gemfibrozil)
EN - 57-88-1 (Cholesterol)
SB - IM
MH - Antilipemic Agents/*therapeutic use
MH - Blood Glucose/drug effects/*metabolism
MH - Cholesterol/blood
MH - Diabetes Mellitus, Non-Insulin-Dependent/blood/complications/*drug therapy
MH - Double-Blind Method
MH - Fatty Acids, Nonesterified/blood
MH - Female
MH - Gemfibrozil/*therapeutic use
MH - Human
MH - Hypertriglyceridemia/blood/complications/*drug therapy
MH - Hypoglycemic Agents/*therapeutic use
MH - Italy
MH - Lipids/*blood
MH - Lipoproteins, HDL Cholesterol/blood
MH - Lipoproteins, LDL Cholesterol/blood
MH - Male
MH - Middle Age
MH - Placebos
MH - Triglycerides/blood
EDAT- 1999-08/07
MHDA- 1999-08/07 00:01
AID - 9036/127.892 [pii]
PST - ppublish
SO - Acta Diabetol 1999 Jun;36(1-2):27-33.

UI - 99148896
PMID- 10024191
DA - 19991225
DCOM- 19991225

LR - 20001219
 IS - 3026-0495
 VI - 48
 IP - 2
 DP - 1999 Feb
 TI - Long-lasting antidiabetic effect of a dipeptidyl peptidase IV-resistant analog of glucagon-like peptide-1.
 PG - 282-8
 AB - Glucagon-like peptide-1(7-37) (GLP-1) is the most potent insulinotropic hormone characterized thus far. Because its activity is preserved in non-insulin-dependent diabetes mellitus (NIDDM) patients, it is considered a potential new drug for the treatment of this disease. One limitation in its therapeutic use is a short half-life in vivo (5 minutes), due in part to a fast degradation by the endoprotease dipeptidylpeptidase IV (DPPIV). Recently, it was reported that GLP-1 became resistant to DPPIV when the alanine residue at position 8 was replaced by a glycine (GLP-1-Gly8). We report here that this change slightly decreased the affinity of the peptide for its receptor (IC50, 0.41 +/- 0.14 and 1.39 +/- 0.61 nmol/L for GLP-1 and GLP-1-Gly8, respectively) but did not change the efficiency to stimulate accumulation of intracellular cyclic adenosine monophosphate (cAMP) (EC50, 0.25 +/- 0.05 and 0.36 +/- 0.06 nmol/L for GLP-1 and GLP-1-Gly8, respectively). Second, we demonstrate for the first time that this mutant has an improved insulinotropic activity compared with the wild-type peptide when tested in vivo in an animal model of diabetes. A single injection of 0.1 nmol GLP-1-Gly8 in diabetic mice fed a high-fat diet can correct fasting hyperglycemia and glucose intolerance for several hours, whereas the activity of 1 nmol GLP-1 vanishes a few minutes after injection. These actions were correlated with increased insulin and decreased glucagon levels. Interestingly, normoglycemia was maintained over a period that was longer than the predicted peptide half-life, suggesting a yet undescribed long-term effect of GLP-1-Gly8. GLP-1-Gly8 thus has a markedly improved therapeutic potential compared with GLP-1, since it can be used at much lower doses and with a more flexible schedule of administration.
 AD - Institute of Pharmacology and Toxicology, Lausanne, Switzerland.
 FAU - Burcelin, R
 AU - Burcelin R
 FAU - Dolci, W
 AU - Dolci W
 FAU - Thorens, B
 AU - Thorens B
 LA - eng
 PT - Journal Article
 CY - UNITED STATES
 TA - Metabolism
 JID - 6975267
 RN - 0 (Blood Glucose)
 RN - 0 (Hypoglycemic Agents)
 RN - 0 (Peptide Fragments)
 RN - 0 (Protein Precursors)
 RN - 11061-68-0 (Insulin)
 RN - 99750-14-1 (glucagon-like peptide 1)
 RN - 9007-92-5 (Glucagon)
 RN - EC 3.4.14.5 (Antigens, CD26)
 SB - IM
 MH - Animal
 MH - Antigens, CD26/*metabolism
 MH - Area Under Curve
 MH - Blood Glucose/metabolism
 MH - Cells, Cultured
 MH - Diet
 MH - Glucagon/blood/metabolism/*pharmacology
 MH - Glucose Tolerance Test
 MH - Hypoglycemic Agents/metabolism/*pharmacology
 MH - Insulin/blood

MH - Male
 MH - Mice
 MH - Mice, Inbred C57BL
 MH - Peptide Fragments/metabolism/*pharmacology
 MH - Protein Precursors/metabolism/*pharmacology
 MH - Support, Non-U.S. Gov't
 EDAT- 1999/12/19
 MHDA- 1999/12/19 00:11
 PST - ppublish
 SO - Metabolism 1999 Feb;48(2):252-8.

UI - 99126988
 PMID- 9918027
 LA - 19990216
 ECOM- 19990216
 LR - 20001119
 IS - 0077-9923
 VI - 865
 DP - 1998 Dec 11
 TI - On the treatment of diabetes mellitus with glucagon-like peptide-1.
 PG - 136-41
 AB - As a therapeutic principle, the insulinotropic peptide, GLP-1, of the secretin-glucagon family of peptides, has turned out to possess some remarkably attractive properties, including the capability of normalizing blood glucose concentrations in patients with non-insulin-dependent diabetes mellitus and promoting satiety and reducing food intake in healthy volunteers. Because of rapid and extensive metabolization, the peptide is not immediately clinically applicable and, as a therapeutic principle, GLP-1 is still in its infancy. Some possible avenues for circumventing these difficulties are the development of DPP-IV-resistant analogs, the inhibition of DPP-IV, enhancement of GLP-1 secretion, GLP delivery systems using continuous subcutaneous infusion or buccal tablets, GLP-1 absorption, and orally active, stable analogs. It seems likely that one or more of these approaches could result in a clinically useful development program.
 AD - Department of Medical Physiology, Panum Institute, University of Copenhagen, Denmark. holst@mfi.ku.dk
 FAU - Holst, J J
 AU - Holst JJ
 FAU - Deacon, C
 AU - Deacon C
 FAU - Toft-Nielsen, M B
 AU - Toft-Nielsen MB
 FAU - Bjerre-Knudsen, L
 AU - Bjerre-Knudsen L
 LA - eng
 FT - Journal Article
 FT - Review
 FT - Review, Tutorial
 CY - UNITED STATES
 TA - Ann N Y Acad Sci
 JID - 7576916
 RN - 1 Appetite Depressants
 RN - 1 Hypoglycemic Agents
 RN - 0 Peptide Fragments
 RN - 0 Protein Precursors
 RN - 89750-14-1 [glucagon-like peptide 1]
 RN - 9007-92-5 [Glucagon]
 RN - EC 3.4.14.5 [Antigens, CD26]
 SB - IM
 MH - Administration, Oral
 MH - Animal

MH - Antigens, CD26/metabolism
 MH - *Appetite Depressants
 MH - Diabetes Mellitus, Non-Insulin-Dependent *drug therapy
 MH - Glucagon administration & dosage/*therapeutic use
 MH - Human
 MH - Hypoglycemic Agents/*therapeutic use
 MH - Peptide Fragments/administration & dosage/*therapeutic use
 MH - Protein Precursors/administration & dosage/*therapeutic use
 RF - 37
 EIAT- 1999/01/03
 MHDA- 1999/01/03 00:01
 PST - publish
 SC - Ann N Y Acad Sci 1999 Dec 11;865:336-43.

UI - 94281119
 PMID- 9489227
 DA - 19990717
 DCOM- 19990717
 LR - 20011126
 IS - 0149-5992
 VI - 21
 IF - 4
 DP - 1999 May
 TI - The effects of metformin on glycaemic control and serum lipids in insulin-treated NIDDM patients with suboptimal metabolic control.
 PG - 701-5
 AB - **OBJECTIVE:** To test the hypothesis that metformin therapy, given as an adjunct to insulin therapy, improves metabolic control in insulin-treated NIDDM patients with suboptimal glycaemic control. **RESEARCH DESIGN AND METHODS:** A total of 33 subjects with insulin-treated NIDDM were investigated; all had commenced insulin after secondary failure of antihyperglycaemic agents. Two randomized double-blind placebo-controlled crossover studies were run. In study 1 (n = 19), insulin-treated subjects with suboptimal glycaemic control received 12 weeks of metformin 1 g b.i.d. and 12 weeks of placebo. In study 2 (n = 14), subjects already established on adjunctive metformin/insulin therapy stopped the metformin component and received 12 weeks of metformin at their baseline dosage (range 1-2.5 g) and 12 weeks of equivalent placebo. Fasting plasma glucose, HbA_{1c}, and serum lipids were measured at baseline and midway through and at the end of each treatment phase. The effect of 12 weeks of metformin treatment was compared with the effect of 12 weeks of placebo in each study and in both studies combined. **RESULTS:** In study 1, metformin treatment was associated with significant improvements in fasting plasma glucose (mean 12-week difference from placebo [95% CI]: 5.3 mmol/l [3.6-8.1], P < 0.001) and HbA_{1c} 1.6% [0.9-2.4], P < 0.001). In study 2, metformin treatment was associated with significantly lower fasting plasma glucose (5.3 mmol/l [0.6-9.9], P = 0.029) and lower HbA_{1c} (2.4% [1.0-3.8], P = 0.003) compared with those for placebo. Study 2 also showed metformin treatment to be associated with significantly lower total cholesterol than that for placebo (1.0 mmol/l [0.1-1.9], P = 0.032) and lower LDL cholesterol (1.0 mmol/l [0.1-1.9], P = 0.029). This significant difference in serum lipids seen in study 2 was not seen in study 1, but was present when both sets of data were combined (n = 33, mean total cholesterol difference at 12 weeks [95% CI]: 0.6 mmol/l [0.1-1.1], P = 0.016). Metformin had no significant effect on triglyceride, HDL cholesterol, weight, or blood pressure. Two subjects on metformin withdrew because of side effects. **CONCLUSIONS:** Metformin, when given as adjunctive therapy, was well tolerated and improved glycaemic control and lipid concentrations in patients with insulin-treated NIDDM whose diabetes was poorly controlled. These improvements could be maintained over the long term.
 AD - Unit of Metabolic Medicine, Imperial College of Medicine at St. Mary's, London, U.K. a.c.robinson@smmc.ac.uk

FAU - Robinson, A C
 AU - Robinson AC
 FAU - Burke, J
 AU - Burke J
 FAU - Robinson, S
 AU - Robinson S
 FAU - Johnston, D G
 AU - Johnston DG
 FAU - Elkeles, R S
 AU - Elkeles RS
 LA - eng
 PT - Clinical Trial
 PT - Journal Article
 PT - Randomized Controlled Trial
 CY - UNITED STATES
 TA - Diabetes Care
 JID - 7806978
 RN - 0 (Blood Glucose)
 RN - 0 (Hemoglobin A, Glycosylated)
 RN - 0 (Hypoglycemic Agents)
 RN - 0 (Lipids)
 RN - 0 (Lipoproteins, HDL Cholesterol)
 RN - 0 (Lipoproteins, LDL Cholesterol)
 RN - 0 (Triglycerides)
 RN - 11061-68-0 (Insulin)
 RN - 87-88-5 (Cholesterol)
 RN - 657-24-9 (Metformin)
 SB - IM
 CIN - Diabetes Care. 1999 Mar;22(3):523. PMID: 10097944
 MH - Aged
 MH - Blood Glucose/*drug effects/metabolism
 MH - Blood Pressure/drug effects
 MH - Body Weight/drug effects
 MH - Cholesterol/blood
 MH - Cross-Over Studies
 MH - Data Interpretation, Statistical
 MH - Diabetes Mellitus, Non-Insulin-Dependent/blood/*drug therapy/metabolism
 MH - Diastole
 MH - Double-Blind Method
 MH - Fasting
 MH - Female
 MH - Glucose Tolerance Test
 MH - Hemoglobin A, Glycosylated/drug effects/metabolism
 MH - Human
 MH - Hyperglycemia/drug therapy/*prevention & control
 MH - Hypoglycemic Agents/*therapeutic use
 MH - Insulin/therapeutic use
 MH - Lipids/*blood
 MH - Lipoproteins, HDL Cholesterol/blood/drug effects
 MH - Lipoproteins, LDL Cholesterol/blood/drug effects
 MH - Male
 MH - Metformin/*therapeutic use
 MH - Middle Age
 MH - Support, Non-U.S. Gov't
 MH - Systole
 MH - Treatment Outcome
 MH - Triglycerides/blood
 EDAT- 1998/05/21
 MHDA- 1998/05/20 09:01
 PST - ppublish
 SO - Diabetes Care 1999 May;22(5):701-6.

UI - 98232818
 PMID- 9571827
 DA - 1998/6/16
 ECOM- 1998/6/16
 LR - 2000/12/18
 IS - 1149-5992
 VI - 21
 IF - 4
 DP - 1998 Apr
 TI - Treatment of hypercholesterolemia and combined hyperlipidemia with simvastatin and gemfibrozil in patients with NIDDM. A multicenter comparison study.
 PG - 477-81
 AB - OBJECTIVE: To compare the lipid-lowering efficacies of simvastatin and gemfibrozil in NIDDM patients with combined (mixed) hyperlipidemia (CHL) or isolated hypercholesterolemia (IHC). RESEARCH DESIGN AND METHODS: Patients with primary dyslipidemia and NIDDM were recruited for this double-blind, double-dummy comparison study from 10 Finnish centers. After a 4-week placebo run-in period, they were randomly assigned to simvastatin or gemfibrozil. The simvastatin group (n = 47) received 10 mg once nightly for 8 weeks, 20 mg for the next 8 weeks, and 40 mg for the third 8-week period. The gemfibrozil group (n = 49) received 600 mg twice daily throughout the 24 weeks. The lipid-lowering efficacies of both drugs were compared in all patients as well as separately in patients with CHL and IHC. RESULTS: In all patients, simvastatin reduced LDL and total cholesterol and the LDL-to-HDL cholesterol ratio more effectively, whereas gemfibrozil was more effective in elevating HDL cholesterol and decreasing triglyceride levels. The drug effects differed according to lipid phenotype at baseline. Simvastatin decreased LDL cholesterol levels by 30-40% in both phenotypes. Gemfibrozil caused a 15% reduction in LDL cholesterol in IHC but no change in CHL patients. Simvastatin produced 15-30% reductions in triglyceride levels in CHL but no change in IHC patients. Gemfibrozil caused reductions in triglycerides in CHL (50% and more) and in IHC (40%) patients, with 12-13% increases in HDL cholesterol in these groups. CONCLUSIONS: Simvastatin is useful in both CHL and IHC patients, whereas gemfibrozil can be used in patients with high triglyceride and low or normal LDL cholesterol levels.
 AD - Department of Medicine, University of Helsinki, Finland.
 FAU - Tikkanen, M J
 AU - Tikkanen MJ
 FAU - Laakso, M
 AU - Laakso M
 FAU - Ilmonen, M
 AU - Ilmonen M
 FAU - Helve, E
 AU - Helve E
 FAU - Kaarsalo, E
 AU - Kaarsalo E
 FAU - Kilekki, E
 AU - Kilekki E
 FAU - Saltevo, J
 AU - Saltevo J
 LA - eng
 PT - Clinical Trial
 PT - Journal Article
 PT - Multicenter Study
 PT - Randomized Controlled Trial
 CY - UNITED STATES
 TA - Diabetes Care
 JID - 7805978
 RN - 1 (Anticholesteremic Agents)
 RN - 1 (Antilipemic Agents)
 RN - 2 (Blood Glucose)
 RN - 2 (Hemoglobin A, Glycosylated)
 RN - 2 (Lipoproteins, HDL Cholesterol)

RN - C (Lipoproteins, LDL Cholesterol)
 RN - C (Triglycerides)
 RN - 25812-11-1 (Gemfibrozil)
 RN - 87-88-5 (Cholesterol)
 RN - 79902-43-9 (Simvastatin)
 SB - IM
 MH - Anticholesteremic Agents/*therapeutic use
 MH - Antilipemic Agents/*therapeutic use
 MH - Blood Glucose/drug effects
 MH - Cholesterol/blood
 MH - Comparative Study
 MH - Diabetes Mellitus, Non-Insulin-Dependent/blood/*complications
 MH - Double-Blind Method
 MH - Female
 MH - Finland
 MH - Gemfibrozil/*therapeutic use
 MH - Hemoglobin A, Glycosylated/analysis
 MH - Human
 MH - Hypercholesterolemia/blood/complications/*drug therapy
 MH - Hyperlipidemia/blood/complications/*drug therapy
 MH - Lipoproteins, HDL Cholesterol/blood
 MH - Lipoproteins, LDL Cholesterol/blood
 MH - Male
 MH - Middle Age
 MH - Simvastatin/*therapeutic use
 MH - Support, Non-U.S. Gov't
 MH - Time Factors
 MH - Triglycerides/blood
 EDAT- 1998/05/09
 MHDA- 1998/05/09 00:01
 PST - ppublish
 SO - Diabetes Care 1998 Apr;21(4):477-81.

UI - 98192672
 PMID- 9525985
 DA - 19980423
 DCOM- 19980423
 LR - 20001219
 IS - 0021-9738
 VI - 101
 IP - 7
 DP - 1998 Apr 1
 TI - Exendin(9-39)amide is an antagonist of glucagon-like peptide-1(7-36)amide in humans.
 FG - 1421-30
 AB - The gastrointestinal hormone, glucagon-like peptide-1(7-36)amide (GLP-1) is released after a meal. The potency of synthetic GLP-1 in stimulating insulin secretion and in inhibiting glucagon secretion indicates the putative physiological function of GLP-1. In vitro, the nonmammalian peptide, exendin(9-39)amide [ex(9-39)NH2], is a specific and competitive antagonist of GLP-1. This in vivo study examined the efficacy of ex 9-39)NH2 as an antagonist of exogenous GLP-1 and the physiological role of endogenous GLP-1. Six healthy volunteers underwent 10 experiments in random order. In each experiment, a 30-min period of euglycemia was followed by an intravenous infusion of glucose for 150 min that established a stable hyperglycemia of 8 mmol/liter. There was a concomitant intravenous infusion of one of the following: (1) saline, (2) GLP-1 (for 60 min at 0.3 pmol . kg-1 . min-1 that established physiological postprandial plasma levels, and for another 60 min at 0.9 pmol . kg-1 . min-1 to induce supraphysiological plasma levels), (3-5) ex(9-39)NH2 at 30, 60, or 300 pmol . kg-1 . min-1 + GLP-1, (6-8) ex(9-39)NH2 at 30, 60, or 300 pmol . kg-1 . min-1 + saline, (9 and 10) GIP

(glucose-dependent insulintropic peptide; for 60 min at 0.8 pmol . kg⁻¹ . min⁻¹, with saline or ex(9-39)NH₂ at 300 pmol . kg⁻¹ . min⁻¹). Each volunteer received each of these concomitant infusions on separate days. ex(9-39)NH₂ dose-dependently reduced the insulintropic action of GLP-1 with the inhibitory effect declining with increasing doses of GLP-1. ex(9-39)NH₂ at 300 pmol . kg⁻¹ . min⁻¹ blocked the insulintropic effect of physiological doses of GLP-1 and completely antagonized the glucagonostatic effect at both doses of GLP-1. Given alone, this load of ex(9-39)NH₂ increased plasma glucagon levels during euglycemia and hyperglycemia. It had no effect on plasma levels of insulin during euglycemia but decreased plasma insulin during hyperglycemia. ex(9-39)NH₂ did not alter GIP-stimulated insulin secretion. These data indicate that in humans, ex(9-39)NH₂ is a potent GLP-1 antagonist without any agonistic properties. The pancreatic A cell is under a tonic inhibitory control of GLP-1. At hyperglycemia, the B cell is under a tonic stimulatory control of GLP-1.

AD - Clinical Research Unit for Gastrointestinal Endocrinology and Department of Gastroenterology and Endocrinology, Philipps University, 35033 Marburg, Germany. schirra@mail.uni-marburg.de

FAU - Schirra, J

AU - Schirra J

FAU - Sturm, K

AU - Sturm K

FAU - Leicht, P

AU - Leicht P

FAU - Arnold, E

AU - Arnold E

FAU - Goke, B

AU - Goke B

FAU - Katschinski, M

AU - Katschinski M

LA - eng

PT - Clinical Trial

PT - Journal Article

PT - Randomized Controlled Trial

CY - UNITED STATES

TA - J Clin Invest

CID - 7902877

EN - 0 (C-Peptide)

EN - 0 (Peptide Fragments)

EN - 0 (Protein Precursors)

EN - 0 (Receptors, Glucagon)

EN - 0 (exendin (9-39) amide)

EN - 0 (glucagon-like peptide receptor)

EN - 11061-68-0 (Insulin)

EN - 50-99-7 (Glucose)

EN - 39750-14-1 (glucagon-like peptide 1)

EN - 9007-92-5 (Glucagon)

SB - AIM

SB - IM

MH - Adult

MH - C-Peptide/blood

MH - Glucagon/*antagonists & inhibitors/blood

MH - Glucose/metabolism

MH - Human

MH - Insulin/blood

MH - Male

MH - Peptide Fragments/*antagonists & inhibitors/blood/*pharmacology

MH - Protein Precursors/*antagonists & inhibitors/blood

MH - Receptors, Glucagon/*antagonists & inhibitors

MH - Support, Non-U.S. Gov't

MH - Time Factors

EDAT- 1998/04/29

MHDA- 1998/04/29 00:01

PST - ppublish

SC - J Clin Invest 1998 Apr 1;101:714-1421-30.

UI - 98159495
 PMID- 9387146
 DA - 19971031
 DCOM- 19971031
 LR - 20001218
 IS - 0021-1180
 VI - 33
 IP - 10
 DP - 1997 Oct
 TI - Glucagon-like peptide-1 structure, function and potential use for NIDDM.
 FG - 490-5
 AB - Basic research on the cellular mechanisms that control the expression of the gene encoding glucagon has led to the discovery of proglucagon. This precursor is processed by tissue-specific proteolysis to produce glucagon in pancreatic alpha-cells and a glucagon-like peptide-1 (GLP-1) in the intestine. GLP-1 is a hormone that is released by intestinal cells into the circulation in response to food intake. GLP-1 and gastric inhibitory peptide (GIP) which has also been termed glucose-dependent insulinotropic peptide appear to account for most of the incretin effect in the augmentation of glucose-stimulated insulin secretion. These two hormones have specific beta-cell receptors that are coupled to GTP binding proteins to induce production of cyclic AMP and activation of cyclic AMP-dependent protein kinase. It is proposed that at least one factor contributing to the pathogenesis of non-insulin-dependent diabetes mellitus (NIDDM) is desensitization of the GLP-1 receptor on beta-cells. At pharmacological doses, infusion of GLP-1, but not of GIP, can improve and enhance postprandial insulin response in NIDDM patients. Agonists of GLP-1 receptor have been proposed as new potential therapeutic agents in NIDDM patients. The observations that GLP-1 induces both secretion and production of insulin, and that its activities are mainly glucose-dependent, led to the suggestion that GLP-1 may present a unique advantage over sulfonylurea drugs in the treatment of NIDDM.
 AD - Department of Internal Medicine C, Barzilai Medical Center, Ashkelon, Israel.
 FAU - Gefel, D
 AU - Gefel D
 FAU - Barg, Y
 AU - Barg Y
 FAU - Zimlichman, R
 AU - Zimlichman R
 LA - eng
 PT - Journal Article
 PT - Review
 PT - Review, Tutorial
 CY - ISRAEL
 TA - Isr J Med Sci
 JID - 0013105
 RN - 1 Peptide Fragments
 RN - 2 Protein Precursors
 RN - 3 Receptors, Glucagon
 RN - 4 glucagon-like peptide receptor
 RN - 11161-68-3 (Insulin)
 RN - 9780-14-1 (glucagon-like peptide 1)
 RN - 9017-92-5 (Glucagon)
 SB - IM
 MH - Diabetes Mellitus, Non-Insulin-Dependent.*drug therapy/*genetics/metabolism
 MH - Gastric Emptying/drug effects
 MH - Glucagon/chemistry *physiology *therapeutic use
 MH - Human

MH - Insulin/secretion
 MH - Insulin Resistance
 MH - Islets of Langerhans/*drug effects
 MH - Peptide Fragments/chemistry/*physiology/*therapeutic use
 MH - Protein Precursors/chemistry/*physiology/*therapeutic use
 MH - Receptors, Glucagon/*agonists
 RF - 20
 EDAT- 1997 11/16
 MHDA- 1997 11/16 00:01
 PST - publish
 SO - Isr J Med Sci 1997 Oct;33(10):690-5.

UI - 97429447
 PMID- 9141797
 DA - 19971116
 DCOM- 19971116
 LR - 20001116
 IS - 0149-5992
 VI - 20
 IP - 9
 DP - 1997 Sep
 TI - Lack of change of lipoprotein(a) levels by the optimization of glycemic control with insulin therapy in NIDDM patients.
 PG - 1499-51
 AB - OBJECTIVE: To evaluate the effect of glycemic control improvement with insulin therapy on lipoprotein(a) [Lp(a)] levels in patients with NIDDM. RESEARCH DESIGN AND METHODS: We performed a longitudinal study in a tertiary referral center to compare lipid and Lp(a) levels before and after 3 months of insulin therapy in 60 poorly controlled NIDDM patients (31 men, 29 women). Patients previously treated with oral hypoglycemic agents (n = 50) received one to two insulin doses, and those previously treated with insulin (n = 10) received multiple insulin doses. Lp(a) levels were measured by the Turumo method. Differences between the two periods were assessed by the paired t test and Wilcoxon's test. RESULTS: After 3 months of insulin therapy, HbA1c decreased from 9.6 +/- 1.9 to 6.0 +/- 1.4% (P < 0.0005) in all patients and from 9.1 +/- 2.1 to 6.1 +/- 2.9% (P < 0.05) in patients under multiple insulin doses, being < or = 6.0% in 59% of patients. Total triglyceride and VLDL cholesterol levels decreased (P < 0.01) and HDL cholesterol increased significantly (P < 0.0005). However, no changes in Lp(a) levels were observed in all patients (25.3 +/- 13.0 vs 25.7 +/- 17.2 mg/dl) and in patients with baseline Lp(a) levels above (63.5 +/- 18.5 vs. 65.1 +/- 23.1 mg/dl) or below 30 mg/dl (11.5 +/- 7.5 vs. 11.9 +/- 7.3 mg/dl). In addition, patients reaching HbA1c levels < or = 6.0% or > 6.0% presented similar Lp(a) levels (26.0 +/- 19.1 vs 25.3 +/- 25.0 mg/dl). Moreover, no correlations were observed between changes in Lp(a) levels and in the glycemic control parameters. CONCLUSIONS: This study shows that the improvement of glycemic control by insulin therapy does not influence plasma Lp(a) levels, measured by the Turumo method, in NIDDM patients, independently of baseline values and the degree of glycemic control reached.
 AD - Department of Endocrinology and Nutrition, Hospital de Sant Pau, Universitat Autònoma de Barcelona, Spain.
 FAU - Baixas, A
 AU - Baixas A
 FAU - Forés, A
 AU - Forés A
 FAU - Qrdoner-Llanos, J
 AU - Qrdoner-Llanos J
 FAU - Bonet, R
 AU - Bonet R
 FAU - Rigla, M
 AU - Rigla M

FAU - Castellani, A
 AU - Castellani A
 FAU - Bayen, L
 AU - Bayen L
 FAU - de Leiva, A
 AU - de Leiva A
 LA - eng
 PT - Journal Article
 CY - UNITED STATES
 TA - Diabetes Care
 JID - 7405275
 RN - 3 (Hemoglobin A, Glycosylated)
 RN - 3 (Hypoglycemic Agents)
 RN - 3 (Lipids)
 RN - 3 (Lipoprotein(a))
 RN - 11061-66-0 (Insulin)
 SB - IM
 MH - Aged
 MH - Comparative Study
 MH - Diabetes Mellitus, Non-Insulin-Dependent/blood/*drug therapy/metabolism
 MH - Female
 MH - Hemoglobin A, Glycosylated/analysis/drug effects/metabolism
 MH - Human
 MH - Hypoglycemic Agents/*therapeutic use
 MH - Insulin/*therapeutic use
 MH - Lipids/blood
 MH - Lipoprotein(a)/*blood/drug effects/metabolism
 MH - Longitudinal Studies
 MH - Male
 MH - Middle Age
 MH - Time Factors
 EDAT- 1997/09/01
 MHDA- 1997 09/01 00:01
 PST - publish
 SO - Diabetes Care 1997 Sep;20(9):1459-61.

UI - 97344130
 PMID- 9100657
 DA - 19970716
 DCOM- 19970716
 LR - 20021101
 IS - 0012-1797
 VI - 46
 IP - 7
 DP - 1997 Jul
 TI - Optimization of glycemic control by insulin therapy decreases the proportion of small dense LDL particles in diabetic patients.
 PG - 1207-13
 AB - Small dense LDL particles (B phenotype) are considered to be more atherogenic than large buoyant LDL particles. The influence of glycemic control on LDL particle size and density is still under debate. The aim of this study was to determine LDL subfraction phenotype in both IDDM and NIDDM patients in poor glycemic control compared with that of respective matched control groups. In addition, we evaluated the effect of a 3-month period of optimized glycemic control on this parameter. Thirty-seven IDDM patients and 33 NIDDM patients, together with two respective age-, sex-, and BMI-matched control groups were studied. Non-A phenotype prevalence in IDDM patients before (19%) and after blood glucose optimization (11%) was similar to that of their control group (12%). However, NIDDM patients displayed a higher proportion of the non-A phenotype (51%) than did the control group (29%), but it became closer (30%, $P < 0.05$) after glycemic control improved. All subjects with non-A phenotype that changed to A

phenotype showed triglyceride levels below 1.63 mmol/l and a greater decrease in HbA_{1c} than did subjects whose phenotype did not change (4.9 +/- 1.5 vs. 5.1 +/- 1.4%, $P < 0.05$). A higher proportion of small dense LDL was observed in NIDDM women than in nondiabetic women (LDL5 10.0 +/- 4.3 vs. 6.3 +/- 1.5%, LDL6 6.1 +/- 2.2 vs. 4.2 +/- 0.8%, $P < 0.05$) during both stages of glycemic control, but no differences were observed between NIDDM and nondiabetic men. In conclusion, these findings provide new evidence for the relevance of near-normal glycemic control in the prevention of macrovascular disease and could contribute to an explanation of the loss of protection for cardiovascular disease in diabetic women.

AD - Endocrinology Department, Hospital de Sant Pau, Universitat Autnoma de Barcelona, Spain.
 FAU - Caixas, A
 AU - Caixas A
 FAU - Ordones-Llanos, J
 AU - Ordones-Llanos J
 FAU - de Leiva, A
 AU - de Leiva A
 FAU - Payes, A
 AU - Payes A
 FAU - Homs, R
 AU - Homs R
 FAU - Perez, A
 AU - Perez A
 LA - eng
 PT - Journal Article
 CY - UNITED STATES
 TA - Diabetes
 JID - G372763
 EN - G (Blood Glucose)
 EN - G (Hypoglycemic Agents)
 EN - G (Lipids)
 EN - G (Lipoproteins, LDL)
 EN - 11061-68-0 (Insulin)
 SB - AIM
 SB - IM
 MH - Adolescent
 MH - Adult
 MH - Aged
 MH - Aged, 40 and over
 MH - Blood Glucose/analysis/drug effects/metabolism
 MH - Comparative Study
 MH - Diabetes Mellitus, Insulin-Dependent/*blood/drug therapy/physiopathology
 MH - Diabetes Mellitus, Non-Insulin-Dependent/*blood/drug therapy/physiopathology
 MH - Female
 MH - Human
 MH - Hypoglycemic Agents/*therapeutic use
 MH - Insulin/*therapeutic use
 MH - Lipids/blood/metabolism
 MH - Lipoproteins, LDL/*blood/drug effects
 MH - Male
 MH - Middle Age
 MH - Support, Non-U.S. Gov't
 EDAT- 1997/17/01
 MHDA- 1997/17/01 00:01
 PST - ppublish
 SO - Diabetes 1997 Jul;46:7:61207-13.

UI - 97387144
 PMID- 9243117
 LA - 19971015

DCOM- 19971015
 LR - 20001218
 IS - 1012-186X
 VI - 40
 IS - 7
 DP - 1997 Jul
 TI - Short-term oestrogen replacement therapy improves insulin resistance, lipids and fibrinolysis in postmenopausal women with NIDDM.
 PG - 843-9
 AB - Oestrogen replacement therapy is associated with a decreased risk of cardiovascular disease in postmenopausal women. Patients with non-insulin-dependent diabetes mellitus (NIDDM) have an increased cardiovascular risk. However, oestrogen replacement therapy is only reluctantly prescribed for patients with NIDDM. In a double blind randomized placebo controlled trial we assessed the effect of oral 17 beta-estradiol during 6 weeks in 40 postmenopausal women with NIDDM. Glycated haemoglobin (HbA1c), insulin sensitivity, suppressibility of hepatic glucose production, lipoprotein profile and parameters of fibrinolysis were determined. The oestrogen treated group demonstrated a significant decrease of HbA1c and in the normotriglyceridaemic group a significantly increased suppression of hepatic glucose production by insulin. Whole body glucose uptake and concentrations of non-esterified fatty acids did not change. LDL-cholesterol- and apolipoprotein B levels decreased, and HDL-cholesterol, its subfraction HDL2-cholesterol and apolipoprotein A1 increased. The plasma triglyceride level remained similar in both groups. Both the concentration of plasminogen activator inhibitor-1 antigen and its active subfraction decreased. Tissue type plasminogen activator activity increased significantly only in the normotriglyceridaemic group. Oestrogen replacement therapy improves insulin sensitivity in liver, glycaemic control, lipoprotein profile and fibrinolysis in postmenopausal women with NIDDM. For a definite answer as to whether oestrogens can be more liberally used in NIDDM patients, long term studies including the effect of progestogens are necessary.
 AD - Department of Endocrinology and Metabolic Diseases, University Hospital, Leiden, The Netherlands.
 FAU - Brussaard, H E
 AU - Brussaard HE
 FAU - Gevers Leuven, J A
 AU - Gevers Leuven JA
 FAU - Frolich, M
 AU - Frolich M
 FAU - Kluft, C
 AU - Kluft C
 FAU - Krans, H M
 AU - Krans HM
 LA - eng
 PT - Clinical Trial
 PT - Journal Article
 PT - Randomized Controlled Trial
 CY - GERMANY
 TA - Diabetologia
 JID - 2006777
 FN - 1 (C-Peptide)
 FN - 1 (Fatty Acids, Nonesterified)
 FN - 1 (Hemoglobin A, Glycosylated)
 FN - 2 (Lipids)
 FN - 2 (Lipoproteins)
 FN - 2 (Plasminogen Activator Inhibitor 1)
 FN - 2 (Triglycerides)
 FN - 51-28-2 (Estradiol)
 FN - 57-88-5 (Cholesterol)
 FN - EC 3.4.21.68 (Tissue Plasminogen Activator)
 SB - IM
 MH - C-Peptide/*blood
 MH - Cholesterol blood

MH - Diabetes Mellitus, Non-Insulin-Dependent/blood/*drug
therapy/*physiopathology
MH - Double-Blind Method
MH - Estradiol *therapeutic use
MH - *Estrigen Replacement Therapy
MH - Fatty Acids, Nonesterified/blood
MH - Female
MH - Fibrinolysis/*drug effects
MH - Hemoglobin A, Glycosylated/analysis
MH - Human
MH - *Insulin Resistance
MH - Lipids/*blood
MH - Lipoproteins/blood
MH - Middle Age
MH - Plasminogen Activator Inhibitor 1/blood
MH - Postmenopause
MH - Support, Non-U.S. Gov't
MH - Tissue Plasminogen Activator/blood
MH - Triglycerides/*blood
EDAT- 1997/07/01
MHDA- 1997/07/01 00:01
PST - publish
SO - Diabetologia 1997 Jul;40(7):843-9.

UI - 97201431
PMID- 9051204
DA - 19970708
DCOM- 19970708
LR - 20001219
IS - 0021-9150
VI - 128
IP - 1
DP - 1997 Jan. 3
TI - Plasma lipoproteins and incidence of non-insulin-dependent diabetes
mellitus in Pima Indians: protective effect of HDL cholesterol in women.
PG - 113-9
AB - The role of plasma lipoproteins in the development of
non-insulin-dependent diabetes mellitus (NIDDM) was studied in 787
non-diabetic (2-h glucose < 11.1 mmol/l) Pima Indians (265 men and 522
women). Subjects were followed for a mean of 9.8 (range 1.8-16.4) years,
during which 241 (76 men and 165 women) developed NIDDM. In men and women,
very-low-density lipoprotein (VLDL) cholesterol, VLDL triglyceride,
low-density lipoprotein triglyceride and total triglyceride, controlled
for age, predicted NIDDM ($P < 0.01$ for each). These effects diminished
when controlled for age, sex, body mass index, systolic blood pressure and
2-h glucose. However, high-density lipoprotein (HDL) cholesterol,
controlled for age, body mass index, systolic blood pressure and 2-h
glucose, was a significant protective factor for NIDDM in women (hazard
rate ratio (HRR) = 0.38, 95% CI (0.23-0.54), $P < 0.001$, 90th compared with
10th percentile) but not in men (HRR = 1.04, 95% CI (0.53-2.05), $P =$
0.918). This association remained significant in women when controlled for
fasting or 2-h plasma insulin concentrations, other estimates of insulin
resistance or alcohol consumption. The protective effect of HDL
cholesterol was similar among women with normal (2-h glucose < 7.8 mmol/l)
or impaired (7.8 mmol/l < or = 2-h glucose < 11.1 mmol/l) glucose
tolerance at baseline. These results indicate that lipoprotein disorders
are an early accompaniment of the abnormalities that lead to NIDDM.
AD - National Institute of Diabetes and Digestive and Kidney Diseases, Phoenix,
AZ 85014, USA. fax:du.nih.gov
FAU - Fagot-Campagna, A
AU - Fagot-Campagna A

FAU - Narayan, K M
 AU - Narayan KM
 FAU - Hanson, R L
 AU - Hanson RL
 FAU - Imperatore, G
 AU - Imperatore G
 FAU - Howard, B V
 AU - Howard BV
 FAU - Nelson, R G
 AU - Nelson RG
 FAU - Pettitt, D J
 AU - Pettitt DJ
 FAU - Knowler, W C
 AU - Knowler WC
 LA - eng
 FT - Journal Article
 CY - IRELAND
 TA - Atherosclerosis
 JID - 0241543
 EN - 0 (Blood Glucose)
 EN - 0 (Lipoproteins)
 EN - 0 (Lipoproteins, HDL Cholesterol)
 EN - 0 (Lipoproteins, LDL)
 EN - 0 (Lipoproteins, VLDL)
 EN - 0 (Lipoproteins, VLDL Cholesterol)
 EN - 0 (Triglycerides)
 EN - 0 (low density lipoprotein triglyceride)
 EN - 0 (very low density lipoprotein triglyceride)
 EN - 11661-69-0 (Insulin)
 SB - IM
 MH - Adult
 MH - Arizona
 MH - Blood Glucose/analysis
 MH - Blood Pressure
 MH - Body Mass Index
 MH - Diabetes Mellitus, Non-Insulin-Dependent/blood/*ethnology
 MH - Female
 MH - Human
 MH - *Indians, North American
 MH - Insulin blood
 MH - Insulin Resistance
 MH - Lipoproteins/*blood
 MH - Lipoproteins, HDL Cholesterol/*blood
 MH - Lipoproteins, LDL/blood
 MH - Lipoproteins, VLDL/blood
 MH - Lipoproteins, VLDL Cholesterol/blood
 MH - Male
 MH - Proportional Hazards Models
 MH - Risk Factors
 MH - Triglycerides/blood
 EDAT- 1997/01/03
 MHDA- 1997/01/03 00:01
 AID - S0001615096059783 [pii]
 PST - publish
 SO - Atherosclerosis 1997 Jan 3;128(1):113-9.

UI - 96063712
 PMID- 9439614
 LA - 1997-01-03
 DCOM- 1997-01-03
 LR - 2001-12-18
 IS - 0236-5385

VI - 48
 IP - 3
 DP - 1997
 TI - Treatment possibility of hypercholesterolaemia associated with hypertriglyceridaemia.
 PG - 359-67
 AB - Thirty patients were investigated with hyperlipoproteinaemia, 15 patients with non-insulin dependent diabetes mellitus (NIDDM) and 15 with primary hyperlipoproteinaemia. The patients took 250 mg acipimox (5-methyl-pyrazine-carboxylic acid 4-oxide) 3 times per day for 2 months. Serum examinations were performed before and after 1 and 2 months of acipimox administration. After treatment the cholesterol and triglyceride levels decreased in both groups. Patients with NIDDM had 11% increase of high density lipoprotein-cholesterol (HDL-C) level at the end of the first, and 18% increase at the end of the second month, while patients with primary hyperlipoproteinaemia did not change significantly. The low density lipoprotein (LDL) level did not change significantly in either groups of patients. The apolipoprotein A 1 (apo A 1) levels increased significantly during the second month of acipimox administration. Uric acid levels decreased in both groups, but significant change could be detected mainly in the NIDDM group. Serum glucose level did not change in the non-diabetic patients, while it decreased significantly in the NIDDM group.
 AD - 1st Department of Internal Medicine, University Medical School of Debrecen, Hungary.
 FAU - Paragh, G
 AU - Paragh G
 FAU - Balogh, Z
 AU - Balogh Z
 FAU - Boda, J
 AU - Boda J
 FAU - Kovacs, P
 AU - Kovacs P
 FAU - Karpati, L
 AU - Karpati L
 FAU - Szabo, J
 AU - Szabo J
 FAU - Leovey, A
 AU - Leovey A
 LA - eng
 PT - Journal Article
 CY - HUNGARY
 TA - Acta Biol Hung
 JID - 6404358
 RN - 0 (Antilipemic Agents)
 RN - 0 (Apolipoprotein A-I)
 RN - 0 (Blood Glucose)
 RN - 0 (Lipoproteins, HDL Cholesterol)
 RN - 0 (Lipoproteins, LDL)
 RN - 0 (Pyrazines)
 RN - 0 (Triglycerides)
 RN - 51037-30-0 (acipimox)
 RN - 57-83-6 (Cholesterol)
 RN - 68-93-2 (Uric Acid)
 SB - IM
 MH - Antilipemic Agents/*therapeutic use
 MH - Apolipoprotein A-I/blood
 MH - Blood Glucose/metabolism
 MH - Cholesterol/blood
 MH - Diabetes Mellitus, Non-Insulin-Dependent/blood/*drug therapy
 MH - Female
 MH - Human
 MH - Hypercholesterolemia/blood/*complications/*drug therapy
 MH - Hyperlipoproteinemia/blood/*drug therapy
 MH - Hypertriglyceridemia/blood/*complications/*drug therapy

MH - Lipoproteins, HDL Cholesterol blood
 MH - Lipoproteins, LDL blood
 MH - Male
 MH - Middle Age
 MH - Pyrazines/*therapeutic use
 MH - Time Factors
 MH - Triglycerides/therapeutic use
 MH - Uric Acid/blood
 EDAT- 1997/11/24
 MHDA- 1997/11/24 00:01
 PST - ppublish
 SO - Acta Biol Hung 1997;48(3):359-67.

UI - 97064930
 PMID- 8908380
 DA - 19970224
 DCOM- 19970224
 LR - 20001219
 IS - 0149-5992
 VI - 19
 IP - 11

DP - 1996 Nov

TI - The antidiabetogenic effect of GLP-1 is maintained during a 7-day treatment period and improves diabetic dyslipoproteinemia in NIDDM patients.

PG - 1200-6

AB - OBJECTIVE: To investigate the long-term antidiabetogenic effect of glucagon-like peptide 1 (GLP-1) and its influence on diabetic dyslipoproteinemia, patients with NIDDM were treated with GLP-1 subcutaneously for 1 week. RESEARCH DESIGN AND METHODS: Twelve patients participated in the study. The 1st week of the study, all of them were on intensive insulin treatment and from day 8, four were randomized to a control group continuing with insulin, and eight to a treatment group where GLP-1 was given at meals together with regular insulin from day 8 to 12. On days 13 and 14, they were only given GLP-1 at meals. NPH insulin at bedtime was given throughout the study. RESULTS: In the GLP-1-treated patients, the doses of regular insulin, given to keep a satisfactory blood glucose control, were reduced compared with treatment with insulin only. GLP-1 virtually inhibited the early increase in blood glucose after the meals, whereas an increase of approximately 2 mmol was seen during an optimized insulin treatment. In agreement with the short half-life of the peptide, 2-h postprandial plasma insulin levels were significantly decreased both at day 12 and 14, suggesting that there was not enough GLP-1 left to stimulate endogenous insulin release and compensate for the decrease in the dose of exogenous insulin. Therefore, the effect of GLP-1 was lost before the next meal, resulting in increased preprandial blood glucose values at lunch and dinner. The concentration of VLDL triglycerides decreased already during the 1st week. This decrease persisted during the 2nd week when GLP-1 was included in the treatment. No changes were observed in the levels of LDL and HDL cholesterol. The LDL particle diameter increased from a mean of 22.3 to 22.6 nm ($P < 0.01$) in response to insulin treatment. A further increment to 22.9 nm ($P < 0.05$) was seen after GLP-1 treatment. The LDL particle size did not change in the control group. Lipoprotein lipase activity was decreased by 27% and hepatic lipase was reduced by 13% in the GLP-1-treated group. CONCLUSIONS: We confirm the antidiabetogenic effect of GLP-1 in NIDDM patients. This effect was maintained during 7 days, which implies that the patients did not develop tolerance during this treatment period. Intensive insulin treatment, leading to normotriglyceridemia, increased the mean LDL particle diameter, which is likely to lower the risk of future coronary heart disease in patients with NIDDM. Furthermore, an additive effect of GLP-1 is indicated. Hence, this study gives additional evidence that GLP-1

may be useful as an agent for treating NIDDM.

AD - Department of Molecular Medicine, King Gustaf V Research Institute,
Karolinska Hospital, Karolinska Institute, Stockholm, Sweden.
lisavenn.ks.se

FAU - Juntti-Berggren, L

AU - Juntti-Berggren L

FAU - Pignon, J

AU - Pignon J

FAU - Karpe, F

AU - Karpe F

FAU - Hamsten, A

AU - Hamsten A

FAU - Gutniak, M

AU - Gutniak M

FAU - Vignati, L

AU - Vignati L

FAU - Efendić, S

AU - Efendić S

LA - eng

PT - Clinical Trial

PT - Journal Article

PT - Randomized Controlled Trial

CY - UNITED STATES

TA - Diabetes Care

JID - 7805975

EN - 0 (Blood Glucose)

EN - 0 (C-Peptide)

EN - 0 (Hemoglobin A, Glycosylated)

EN - 0 (Hypoglycemic Agents)

EN - 0 (Lipoproteins, HDL Cholesterol)

EN - 0 (Lipoproteins, LDL Cholesterol)

EN - 0 (Lipoproteins, VLDL)

EN - 0 (Peptide Fragments)

EN - 0 (Protein Precursors)

EN - 0 (Triglycerides)

EN - 0 (very low density lipoprotein triglyceride)

EN - 11061-63-0 (Insulin)

EN - 39750-14-1 (glucagon-like peptide 1)

EN - 9007-92-5 (Glucagon)

SB - IM

MH - Blood Glucose/metabolism

MH - C-Peptide/blood

MH - Diabetes Mellitus, Non-Insulin-Dependent/*blood/complications/*drug
therapy

MH - Female

MH - Glucagon/*therapeutic use

MH - Hemoglobin A, Glycosylated/analysis

MH - Human

MH - Hyperlipoproteinemia/blood/complications/*drug therapy

MH - Hypoglycemic Agents/*therapeutic use

MH - Insulin/blood/therapeutic use

MH - Lipoproteins, HDL Cholesterol/blood

MH - Lipoproteins, LDL Cholesterol/blood

MH - Lipoproteins, VLDL/blood

MH - Male

MH - Middle Age

MH - Peptide Fragments/*therapeutic use

MH - Protein Precursors/*therapeutic use

MH - Support, Non-U.S. Gov't

MH - Time Factors

MH - Triglycerides/blood

ECAT- 1996/11/11

MHDA- 1996/11/31 00:01

PST - ppublish

SC - Diabetes Care 1996 Nov;19(11):1200-6.

UI - 97014432
 PMID- 9135300
 DA - 19970413
 DCOM- 19970413
 LR - 20001213
 IS - 0021-9150
 VI - 121
 IP - 2
 DP - 1996 Apr 5
 TI - High plasma insulin is associated with lower LDL cholesterol in elderly individuals.
 FG - 247-73
 AB - To investigate possible relationships between plasma low density lipoprotein (LDL) cholesterol and fasting plasma insulin in the elderly, cross-sectional random samples of age cohorts (65, 75, 80 and 85 years, n = 1188, M/F 38/62 percent) were studied in the neighbouring cities of Helsinki and Vantaa, Finland. Plasma total and high density lipoprotein (HDL) cholesterol, plasma triglycerides, blood glucose and plasma insulin were measured after an overnight fast. LDL cholesterol was calculated using the Friedewald equation. Statistical analyses were performed separately in subjects with non-insulin-dependent diabetes mellitus (NIDDM, n = 219) and non-diabetic subjects (n = 969). Comparison of lipid levels by insulin quartile (I < 7.4 IU/l, II 7.4-10.0, III 10.1-15.0, IV > 15.0) showed that total and LDL cholesterol decreased in the highest insulin quartile (P = 0.003). This trend prevailed after adjustments for age, gender, body mass index, blood glucose and serum triglycerides, and it was significant also in normotriglyceridemic (serum triglycerides <2.3 mmol/l) subjects. Furthermore, the association between high insulin and lower cholesterol was seen in normoglycemic (fasting blood glucose <6.7 mmol/l) and diabetic subjects. Lower LDL cholesterol in elderly subjects with higher fasting insulin may reflect poor health or a 'harvesting' effect, but the results may also be due to effects of insulin on LDL catabolism and/or cholesterol absorption.
 AD - Geriatric Unit, Department of Medicine, University of Helsinki, Helsinki, Finland.
 FAU - Strandberg, T E
 AU - Strandberg TE
 FAU - Tilvis, R S
 AU - Tilvis RS
 FAU - Lindberg, O
 AU - Lindberg O
 FAU - Valvanne, J
 AU - Valvanne J
 FAU - Sairanen, S
 AU - Sairanen S
 FAU - Ehnholm, C
 AU - Ehnholm C
 FAU - Tuomilehto, J
 AU - Tuomilehto J
 LA - eng
 PT - Journal Article
 CY - IRELAND
 TA - Atherosclerosis
 JID - 1242543
 RN - 1 Blood Glucose
 RN - 1 Lipoproteins, HDL Cholesterol
 RN - 1 Lipoproteins, LDL Cholesterol
 RN - 1 Triglycerides
 RN - 11061-69-0 (Insulin)
 SB - IM
 MH - Aged

MH - Aged, 80 and over
 MH - Blood Glucose/metabolism
 MH - Body Mass Index
 MH - Comparative Study
 MH - Cross-Sectional Studies
 MH - Diabetes Mellitus, Non-Insulin-Dependent/blood
 MH - Female
 MH - Human
 MH - Hyperinsulinemia/*blood
 MH - Insulin/*blood
 MH - Lipoproteins, HDL Cholesterol/blood
 MH - Lipoproteins, LDL Cholesterol/*blood
 MH - Male
 MH - Random Allocation
 MH - Risk Factors
 MH - Support, Non-U.S. Gov't
 MH - Triglycerides/blood
 EDAT- 1996/04/05
 MHDA- 1996/04/05 00:01
 AID - 0021915095057331 [pii]
 PST - ppublish
 SO - Atherosclerosis 1996 Apr 5;121(2):267-73.

UI - 96238341
 PMID- 8787281
 DA - 19960925
 DCOM- 19960925
 LR - 20061218
 IS - 0003-3498
 VI - 53
 IP - 10-11
 DP - 1996
 TI - Deterioration of the plasma lipid profile during hospitalization of aged non-insulin-dependent diabetic patients. Comparison with non-diabetic control patients.
 PG - 557-60
 AB - This study aimed at investigating the changes occurring in the plasma lipid profile of patients with non-insulin-dependent diabetes mellitus (NIDDM) hospitalized for treatment of intercurrent diseases. Twenty-nine non-insulin requiring NIDDM patients (13 men, 16 women; mean age: 67 +/- 2 yrs) and 26 adequately matched patients (12 men, 14 women; mean age: 71 +/- 2 yrs) have been prospectively studied. They were all hospitalized for treatment of various diseases. Diabetic and non-diabetic patients received similar treatment except for intensive insulin therapy in the former group. On admission, diabetic subjects had significantly higher plasma levels of triglycerides and lower levels of HDL cholesterol; during hospitalization, LDL, HDL cholesterol and apo A1 levels increased significantly. In the non-diabetic group, hospitalization and treatment induced significant increases in triglycerides, LDL cholesterol and apo B levels. In conclusion, although insulin treatment during hospitalization of non-insulin requiring NIDDM patients does not fully reverse the abnormal lipid profile, it may help to prevent its further deterioration, particularly by increasing HDL cholesterol levels and hence by decreasing the LDL/HDL cholesterol ratio.
 AD - Department of Physiology, University of Granada, Spain.
 FAU - Gomez-Simenez, F J
 AU - Gomez-Simenez FJ
 FAU - Cano, M I
 AU - Cano MI
 FAU - Miras, F J
 AU - Miras FJ
 FAU - de la Higuera, J M

AU - de la Higuera JM
 FAU - Castillo, M J
 AU - Castillo MJ
 LA - eng
 PT - Journal Article
 CY - FRANCE
 TA - Ann Biol Clin (Paris)
 JID - 2994690R
 RN - 0 Hypoglycemic Agents
 RN - 0 Lipids
 RN - 11061-68-0 (Insulin)
 SB - IM
 MH - Age Factors
 MH - Aged
 MH - Case-Control Studies
 MH - Comparative Study
 MH - Diabetes Mellitus, Non-Insulin-Dependent/*blood/drug therapy
 MH - Female
 MH - Hospitalization
 MH - Human
 MH - Hypoglycemic Agents/therapeutic use
 MH - Insulin/therapeutic use
 MH - Lipids/*blood
 MH - Male
 MH - Prospective Studies
 EDAT- 1995/01/01
 MHDA- 1995/01/01 00:01
 FST - ppublish
 SO - Ann Biol Clin (Paris) 1995;53(10-11):557-60.

UI - 93215417
 FMID- 8462384
 DA - 19930506
 DCOM- 19930506
 LR - 20001218
 IS - 0149-5992
 VI - 16
 IP - 4
 DP - 1993 Apr
 TI - Effects of gemfibrozil on low-density lipoprotein particle size, density distribution, and composition in patients with type II diabetes.
 PG - 584-92
 AB - OBJECTIVE--To study the effects of gemfibrozil treatment on LDL particle size, density distribution, and composition in NIDDM patients. RESEARCH DESIGN AND METHODS--We performed LDL analyses on 16 NIDDM patients with stable glycemic control. They were randomly allocated to receive either gemfibrozil (n = 8) or a placebo (n = 8) for 3 mo in a double-blind study. The LDL particle size distribution and the particle diameter of the major LDL peak were measured with nondenaturing polyacrylamide gradient gel electrophoresis. The density distribution and composition of LDL were determined with the density gradient ultracentrifugation method. RESULTS--In the gemfibrozil group the mean serum TG concentration decreased by 38%, HDL cholesterol concentration increased by 10%, and LDL cholesterol concentration by 17% (P < 0.05). During gemfibrozil therapy the mean particle diameter of the major LDL peak increased from 244 to 251 Å (P < 0.05), whereas in the placebo group the mean LDL particle diameter remained unchanged. We found an inverse correlation between the changes of serum TG and the particle diameters of the major LDL peak (r = 0.85, P < 0.01). Gemfibrozil produced a shift in the LDL density distribution toward lower density. The mean peak density decreased from 1.0371 to 1.0345 g/ml because of a significant rise in the light LDL concentration from 141.0 to 193.2 mg/dl (P < 0.05), whereas the concentration of dense LDL had a

tendency to decrease. In the placebo group the LDL density distribution did not change. Gemfibrozil increased the CE-to-TG ratio in LDL core lipids by 27% ($P < 0.05$); otherwise, the LDL composition was only slightly affected. CONCLUSIONS--The results indicate gemfibrozil-induced changes in LDL properties in NIDDM patients are similar to those previously reported in nondiabetic individuals and are related to changes in serum TG level.

AD - Second Department of Medicine, University of Helsinki, Finland.

FAU - Lahdenperä, S

AU - Lahdenperä S

FAU - Tilly-Kiesi, M

AU - Tilly-Kiesi M

FAU - Vuorinen-Markkola, H

AU - Vuorinen-Markkola H

FAU - Kuusi, T

AU - Kuusi T

FAU - Taskinen, M F

AU - Taskinen MF

LA - eng

PT - Clinical Trial

PT - Journal Article

PT - Randomized Controlled Trial

CY - UNITED STATES

TA - Diabetes Care

JID - 7805975

EN - 0 (Apolipoproteins B)

EN - 0 (Blood Glucose)

EN - 0 (C-Peptide)

EN - 0 (Hemoglobin A, Glycosylated)

EN - 0 (Hypoglycemic Agents)

EN - 0 (Lipoproteins, HDL Cholesterol)

EN - 0 (Lipoproteins, LDL)

EN - 0 (Lipoproteins, VLDL)

EN - 0 (Phospholipids)

EN - 0 (Placebos)

EN - 0 (Triglycerides)

EN - 25812-30-0 (Gemfibrozil)

EN - 657-24-9 (Metformin)

SB - IM

MH - Apolipoproteins B/blood

MH - Blood Glucose/metabolism

MH - C-Peptide/blood

MH - Diabetes Mellitus, Non-Insulin-Dependent/*blood/*drug therapy

MH - Double-Blind Method

MH - Female

MH - Gemfibrozil/*therapeutic use

MH - Hemoglobin A, Glycosylated/analysis

MH - Human

MH - Hypoglycemic Agents,*therapeutic use

MH - Lipoproteins, HDL Cholesterol/blood

MH - Lipoproteins, LDL/*blood

MH - Lipoproteins, VLDL/blood

MH - Male

MH - Metformin/therapeutic use

MH - Middle Age

MH - Phospholipids/blood

MH - Placebos

MH - Support, Non-U.S. Gov't

MH - Triglycerides/blood

ENAT- 1993/04/01

MHDA- 1993/04/01 00 01

FST - publish

SO - Diabetes Care 1993 Apr;16(4):584-92.

1: Atherosclerosis 2001 May;156(1):209-16

Effect of intensive lipid-lowering strategy on low-density lipoprotein particle size in patients with type 2 diabetes mellitus.

Niemeijer-Kanters SD, Dallinga-Thie GM, de Ruijter-Heijstek EC, Algra A, Erkelens HW, Banga JD, Jansen H.

Department of Internal Medicine, G02.228, University Medical Center Utrecht, Heidelberglaan 100, PO Box 85510, 3508 GA Utrecht, The Netherlands.

A preponderance of small dense LDL particles is strongly associated with the occurrence of atherosclerotic disease. Although several studies have documented an increased prevalence of small dense LDL particles in diabetes mellitus no data are available to show the effect of lipid-lowering treatment upon the improvement of LDL particle size. In the present study we examined the effect of lipid-lowering treatment, following an intensive lipid-lowering strategy for 30 weeks pursuing ADA recommended target lipid levels, on LDL particle size in 50 type 2 diabetic patients with moderate hyperlipidemia. At week 0, 24 patients (48%) were characterized by small dense LDL phenotype pattern B. After the treatment period a shift towards normal LDL particle size was observed in 17 patients but seven patients (28%) showed the more atherogenic LDL subclass pattern B. After treatment, plasma HDL-cholesterol was significantly lower ($P < 0.05$) in these patients compared to those who had LDL subclass pattern A. Multivariate regression analysis revealed VLDL-cholesterol or triglycerides and HDL-C-cholesterol as independent determinants for LDL particle size. Change in HDL-C-cholesterol was an independent determinant for change in LDL particle size. In conclusion, a strategy of intensive lipid-lowering, with the intention to reduce triglyceride levels below 1.7 mmol/L, may be insufficient to ensure improvement in LDL size in all patients.

PMID 11369016 [PubMed - indexed for MEDLINE]

2: J Clin Endocrinol Metab 2000 Nov;85(11):4198-92

Effect of insulin and sulfonylurea therapy, at the same level of blood glucose control, on low density lipoprotein subfractions in type 2 diabetic patients.

Rivellese AA, Patti L, Romano G, Innelli F, Di Marino L, Annuzzi G, Iavicoli M, Coronel GA, Riccardi G.

Department of Clinical and Experimental Medicine, Federico II University Medical School, Naples, Italy. nmcd.unina.it

The aim of this study was to evaluate the effect of sc insulin (INS) compared with sulfonylurea (SUL) therapy, at the same level of blood glucose control, on the low density lipoprotein (LDL) subfraction profile in normolipidemic type 2 diabetic patients. Nine normolipidemic type 2 diabetic men (age, 56 ± 3 yr; body mass index, 26.5 ± 0.9 kg/m², mean \pm SEM), after a 3-week wash-out period, were assigned to INS or SUL for 2 months in a randomized cross-over design. Doses were adjusted only during the first month and then were kept constant. At the end of the treatments, hemoglobin A_{1c}, plasma lipids, LDL, and very low density lipoprotein (VLDL) subfraction profiles and plasma postheparin lipoprotein lipase and hepatic lipase (HL) activities were evaluated. Despite glucose control was similar at the end of both periods (hemoglobin A_{1c}, $7.4 \pm 0.3\%$ vs. $7.0 \pm 0.2\%$, INS vs. SUL), INS compared with SUL significantly reduced plasma triglyceride (0.9 ± 0.1 vs. 1.1 ± 0.1 mmol/L; $P < 0.05$). Although INS did not affect the LDL concentration, it induced a decrease in both the amount (59.0 ± 9.8 vs. 76.1 ± 16.8 mg/dL; $P = NS$) and the proportion ($31.2 \pm 3.0\%$ vs. $38.3 \pm 3.8\%$, $P < 0.05$) of small LDL. Moreover, the decrease in small LDL was positively related to the reduction of large VLDL ($r = 0.67$; $P < 0.04$) and HL ($r = 0.69$, $P < 0.05$) induced by insulin therapy. In conclusion, sc insulin therapy, independently of glucose control and even in the presence of

quite low plasma triglyceride levels, is able to reduce small LDL particles in type 2 diabetic patients. This change is related to decreases in both HDL activity and large VLDL particles.

Publication Types:
Clinical Trial
Randomized Controlled Trial

PMID: 11095452 [PubMed - indexed for MEDLINE]

3 Nutr Metab Cardiovasc Dis 2000 Aug;10(4):204-8

Lipid and lipoprotein patterns in type 2 non-obese diabetic patients. Do Lp(a) levels decrease with improved glycaemic control in these patients?

Alagozlu H, Gultekin F, Candan F.

Department of Internal Medicine, Cumhuriyet University, Sivas, Turkey.

BACKGROUND AND AIM: In this study, we investigated the levels of apolipoprotein-AI (apo-AI), apolipoprotein (apo-B), triglyceride (TG), high-density-lipoprotein-cholesterol (HDL-C), low-density-lipoprotein-cholesterol (LDL-C), total cholesterol, lipoprotein(a) in a group of non-obese, type 2 diabetes mellitus patients with different types of treatment and a control group of non-obese, non-diabetic subjects. **METHODS AND RESULTS:** Patients were divided into three groups according to their treatment types: insulin, sulphonylurea and untreated groups. All groups were similar in sex, weights, known duration of diabetes and habits. Each group consisted of 30 subjects. There were no differences in apo-AI, apo-B and TG levels ($p > 0.05$), whereas HDL-C levels in the untreated group were significantly lower than those of the other groups ($p < 0.05$). Lp(a) levels in the untreated group were higher than in the other ($p < 0.05$). **CONCLUSIONS:** Gaining metabolic control in diabetes mellitus is crucial in pulling back lipid, lipoprotein and apolipoprotein levels to a desired level and in attenuating CAD (coronary artery disease) risk factors, and also in preventing CAD. Lp(a) levels in particular are decreased by insulin or sulphonylurea in non-obese patients with type 2 diabetes mellitus.

PMID: 11079258 [PubMed - indexed for MEDLINE]

4: Diabetes Metab Res Rev 2000 Mar-Apr;16 2):52-7

Pravastatin compared to bezafibrate in the treatment of dyslipidemia in insulin-treated patients with type 2 diabetes mellitus.

Rustemeijer T, Schouten JA, Voerman HC, Henegans HE, Donker AJ, Heine RJ.

Department of internal medicine Ziekenhuis Amstelveen, Amstelveen, The Netherlands. rustemeijer@wxs.nl

BACKGROUND: Both HMG-CoA reductase inhibitors and fibric acid derivatives are used for the treatment of dyslipidemia in Type 2 diabetes patients. The aim of this study was to compare the lipid lowering effect of 40 mg pravastatin, a HMG-CoA reductase inhibitor, and 400 mg bezafibrate, a fibric acid derivative, on serum lipids, lipoproteins and lipoprotein composition in 45 (22 men and 23 women) dyslipidemic, insulin-treated Type 2 diabetes patients. **METHOD:** The study used a double-blind, cross-over design. **RESULTS:** Pravastatin treatment was more effective in reducing total cholesterol, LDL-cholesterol, LDL-triglycerides, LDL-ApoB and LDL/HDL-cholesterol ratio (all $p < 0.001$ between groups) and total/HDL-cholesterol and ApoAI/LDL-ApoB ratios (both $p < 0.01$) and always induced a decrease in LDL-cholesterol concentrations and LDL/HDL-cholesterol ratio

irrespective of baseline triglyceride concentration. Bezafibrate was more effective in increasing HDL-cholesterol ($p < 0.01$ between groups), ApoA1 lipoprotein and decreasing triglycerides (both $p < 0.001$ between groups) but induced an increase in LDL-cholesterol concentration particularly in patients with baseline triglyceride concentrations exceeding 2.0 mmol/l. With bezafibrate treatment the LDL-cholesterol/LDL-ApoB ratio showed a tendency to rise, suggesting a change in the LDL particle composition to a less small and dense form, while pravastatin treatment induced a decrease in this ratio suggesting a change in the LDL particle to a more dense form. With pravastatin treatment a small rise in HbA(1c) was observed. CONCLUSION: Pravastatin treatment is superior in lowering cholesterol-enriched lipoprotein subpopulations and improving cardiovascular risk factors. Bezafibrate is more effective in raising HDL-cholesterol and alters LDL particle composition to a more favorable form.

Publication Types:
Clinical Trial
Randomized Controlled Trial

PMID: 10751747 [PubMed - indexed for MEDLINE]

5: West Afr J Med 2000 Jan-Mar;19(1):27-33

The effect of glycaemic control on the prevalence and pattern of dyslipidaemia in Nigerian patients with newly diagnosed non insulin dependent diabetes mellitus.

Agboola-Abu CF, Ohwovorioke AE, Akinlade KS.

Eko Hospital, Ikeja, Lagos, Nigeria.

Dyslipidaemia (DL) is a common condition in patients with NIDDM, but its prevalence and the effect of glycaemic control on the disorder have only been scantily reported in Nigerians. The present study is therefore aimed at determining the effect of diabetic control on prevalence and pattern of DL in Nigerian patients with NIDDM. Thirty six diabetics were followed up for 24 weeks. Indices determined included anthropometric measurements, fasting (FBG) and two hour post prandial blood glucose (2 hours PPBG), together with glycated haemoglobin (GHb) levels, and fasting lipids at presentation, 12 and after 24 weeks of treatment. The prevalence rates of raised total cholesterol/high density lipoprotein cholesterol (TC/HDL) ratio reduced HDL-cholesterol and mixed DL decreased significantly between 0-week and 24 weeks of treatment (57.1% vs 14.3% 50% vs 11.4% and 44% vs 22.2% respectively, $P < 0.001$ for each). The proportion of patient with elevated low-density lipoprotein-cholesterol also decreased significantly from 21.4% at 0-week to 3.3 after 24 weeks ($P < 0.025$). On the other hand, the prevalence of hypercholesterolaemia and hypertriglyceridaemia were not significantly changed between 0 and 24 weeks ($P > 0.05$). Patients with DL despite treatment were characterised by higher FBG at 24 weeks of treatment compared with normolipidaemic patients ($P < 0.001$). It is concluded from this study that improved glycaemic control reduced some dyslipidaemia, and may therefore suffice to correct them in some Nigerian patients with NIDDM.

PMID: 10821033 [PubMed - indexed for MEDLINE]

6: Diabet Med 1999 Oct;16(10):820-6

The lipoprotein profile differs during insulin treatment alone and combination therapy with insulin and sulphonylureas in patients with Type 2 diabetes mellitus.

Lindstrom T, Nystrom FH, Olsson AG, Ottosson AM, Arngvist HJ.

Faculty of Health Sciences, Linköping University, Sweden.
Torbjörn.Lindström@md.u.liu.se

AIMS: To study whether changes in endogenous insulin secretion at the same glycaemic control affect the plasma concentrations of lipoproteins in patients with Type 2 diabetes mellitus. **METHODS:** Fifteen patients, age 59 +/- 2 years (mean +/- SEM), body weight 86.3 +/- 3.0 kg, body mass index 29.6 +/- 0.9 kg/m² were treated with sulphonylurea and insulin in combination or with insulin alone in a randomized, double-blind, crossover study. All patients were treated with a multiple daily injection regimen with the addition of glibenclamide 10.5 mg daily or placebo tablets. **RESULTS:** During combination therapy, the dose of insulin was 25% less ($P < 0.002$) and there was a 29% increase in plasma C-peptide concentration ($P = 0.01$). Plasma levels of free insulin were not changed. Plasma levels of sex hormone-binding globulin (SHBG) and insulin-like growth factor-binding protein (IGFBP)-1 were lowered. There were no differences in the 24-h blood glucose profiles or HbA_{1c} (6.0 +/- 0.2 vs. 6.3 +/- 0.2%; $P = 0.16$). Body weight was similar. There was a significant decrease in plasma LDL cholesterol (3.04 +/- 0.24 vs. 3.41 +/- 0.21 mmol/l; $P = 0.04$), apolipoprotein A1 and of lipoprotein(a) but an increase in VLDL-triglycerides (1.36 +/- 0.31 vs. 0.96 +/- 0.16 mmol/l; $P = 0.02$) during combination therapy. The ratio between LDL cholesterol and apolipoprotein B concentrations was significantly lower during combination therapy ($P < 0.01$). **CONCLUSIONS:** Combination therapy with insulin and sulphonylureas increases portal insulin supply and thereby alters liver lipoprotein metabolism when compared with insulin therapy alone.

Publication Types:
Clinical Trial
Randomized Controlled Trial

PMID: 10547208 [PubMed - indexed for MEDLINE]

7: Acta Cardiol. 1999 Aug;54(4):203-7

Plasma lipoprotein (a) levels in Turkish NIDDM patients with and without vascular diabetic complications.

Erem C, Deger O, Bostan M, Orem A, Sonmez M, Ulusoy S, Telatar M.

Karadeniz Technical University Faculty of Medicine, Department of Internal Medicine, Trabzon, Turkey.

OBJECTIVE: Plasma concentrations of lipoprotein (a) [Lp(a)], an independent risk factor for atherosclerosis, were measured in 58 non-insulin-dependent diabetes mellitus (NIDDM) patients with and without vascular complications, and 21 non-diabetic healthy subjects. **RESULTS:** The plasma log Lp(a) levels were found to be significantly increased in the NIDDM patients (1.40 +/- 0.36) compared with the healthy subjects (1.02 +/- 0.53; $p < 0.05$). Plasma Lp(a) levels in NIDDM patients with diabetic vascular complications (1.91 +/- 0.27) were significantly higher than those of the NIDDM patients without diabetic vascular complications (1.23 +/- 0.43) and healthy subjects ($p < 0.05$). There were significant correlations between plasma log Lp(a) levels and apolipoprotein B (apo B) in all NIDDM patients ($r = 0.68$, $p < 0.05$). No correlation was observed between Lp(a) levels and age, sex, duration of diabetes, fasting blood glucose, haemoglobin A_{1c}, the mode of treatment, triglycerides, total cholesterol, low-density lipoprotein cholesterol, high-density lipoprotein cholesterol, and apolipoprotein A1 levels in all patients. **CONCLUSIONS:** It was concluded that Lp(a) was a risk factor for angiopathy in NIDDM patients and the patients who have a high plasma Lp(a) concentration should be kept under strict glycaemic control.

PMID: 10511896 [PubMed - indexed for MEDLINE]

8: Acta Diabetol 1999 Jun;36(1-2):27-33

The effect of gemfibrozil on lipid profile and glucose metabolism in hypertriglyceridaemic well-controlled non-insulin-dependent diabetic patients. For the Gemfibrozil Study Group.

Avogaro A, Pilliego T, Catapano A, Miola M, Tiengo A.

Division of Metabolic Diseases, Via Giustiniani 2, I-35100 Padova, Italy.

We assessed the efficacy of gemfibrozil therapy on lipid profile and glucose metabolism in a large cohort of (type 2) non-insulin-dependent diabetic patients. We enrolled 217 type 2 diabetic patients with plasma triglyceride concentrations equal to or above 2 mmol/l: 111 were randomized to gemfibrozil (600 mg twice daily) and 107 to placebo treatment in a double blind fashion. Each treatment was followed for 20 weeks. To assess postprandial glucose metabolism and insulin secretion, at time 0 and 20 weeks, a standard meal containing 12.5 g of proteins, 40.1 g of carbohydrate, 10 g of lipids was given. No differences in demographic characteristics were observed between patients randomized either to gemfibrozil or to placebo therapy. No differences were observed in total cholesterol and LDL-cholesterol concentration changes between the baseline observations and week 20 of both treatments. At variance, both treatments significantly increased HDL cholesterol. Gemfibrozil treatment significantly decreased plasma triglyceride concentration from 316 ± 84 to 214 ± 82 mg/dl ($P < 0.001$), whereas with placebo triglyceride levels increased from 318 ± 98 to 380 ± 217 mg/dl. No changes were observed in non-esterified fatty acid concentrations or in fasting plasma glucose concentrations, in HbA(1C) values, insulin and C-peptide concentrations. Gemfibrozil treatment: 1) significantly reduces circulating triglyceride concentration; 2) does not significantly affect cholesterol concentration; 3) does not worsen glucose metabolism.

Publication Types:

Clinical Trial

Multicenter Study

Randomized Controlled Trial

PMID: 10436249 [PubMed - indexed for MEDLINE]

9: Metabolism 1999 Feb;48(2):252-8

Long-lasting antidiabetic effect of a dipeptidyl peptidase IV-resistant analog of glucagon-like peptide-1.

Burcelin R, Dolci W, Thorens B.

Institute of Pharmacology and Toxicology, Lausanne, Switzerland.

Glucagon-like peptide-1(7-37) (GLP-1) is the most potent insulinotropic hormone characterized thus far. Because its activity is preserved in non-insulin-dependent diabetes mellitus (NIDDM) patients, it is considered a potential new drug for the treatment of this disease. One limitation in its therapeutic use is a short half-life in vivo (5 minutes), due in part to a fast degradation by the endopeptidase dipeptidylpeptidase IV (DPP-IV). Recently, it was reported that GLP-1 became resistant to DPP-IV when the alanine residue at position 8 was replaced by a glycine (GLP-1-Gly8). We report here that this change slightly decreased the affinity of the peptide for its receptor (IC_{50} , 0.41 ± 0.14 and 1.39 ± 0.61 nmol/L for GLP-1 and GLP-1-Gly8, respectively) but did not change the efficiency to stimulate accumulation of intracellular cyclic adenosine monophosphate (cAMP) (EC_{50} , 0.25 ± 0.05 and 0.36 ± 0.06 nmol/L for GLP-1 and GLP-1-Gly8, respectively). Second, we demonstrate for the

first time that this mutant has an improved insulinotropic activity compared with the wild-type peptide when tested in vivo in an animal model of diabetes. A single injection of 0.1 nmol GLP-1-Gly9 in diabetic mice fed a high-fat diet can correct fasting hyperglycemia and glucose intolerance for several hours, whereas the activity of 1 nmol GLP-1 vanishes a few minutes after injection. These actions were correlated with increased insulin and decreased glucagon levels. Interestingly, normoglycemia was maintained over a period that was longer than the predicted peptide half-life, suggesting a yet undescribed long-term effect of GLP-1-Gly9. GLP-1-Gly9 thus has a markedly improved therapeutic potential compared with GLP-1, since it can be used at much lower doses and with a more flexible schedule of administration.

PMID: 10024091 [PubMed - indexed for MEDLINE]

10: Ann N Y Acad Sci 1998 Dec 11;865:336-43

On the treatment of diabetes mellitus with glucagon-like peptide-1.

Holst JJ, Deacon C, Toft-Nielsen MB, Bjerre-Knudsen L.

Department of Medical Physiology, Panum Institute, University of Copenhagen, Denmark. holstemfi.ku.dk

As a therapeutic principle, the insulinotropic peptide, GLP-1, of the secretin-glucagon family of peptides, has turned out to possess some remarkably attractive properties, including the capability of normalizing blood glucose concentrations in patients with non-insulin-dependent diabetes mellitus and promoting satiety and reducing food intake in healthy volunteers. Because of rapid and extensive metabolism, the peptide is not immediately clinically applicable and, as a therapeutic principle, GLP-1 is still in its infancy. Some possible avenues for circumventing these difficulties are the development of DPP-IV-resistant analogs, the inhibition of DPP-IV, enhancement of GLP-1 secretion, GLP delivery systems using continuous subcutaneous infusion or buccal tablets, GLP-1 absorption, and orally active, stable analogs. It seems likely that one or more of these approaches could result in a clinically useful development program.

Publication Types:

Review

Review, Tutorial

PMID: 9928027 [PubMed - indexed for MEDLINE]

11: Diabetes Care 1999 May;21(5):701-5

Comment in:

Diabetes Care. 1999 Mar;22(3):528.

The effects of metformin on glycemic control and serum lipids in insulin-treated NIDDM patients with suboptimal metabolic control.

Robinson AC, Burke J, Robinson S, Johnston DG, Elkeles RS.

Unit of Metabolic Medicine, Imperial College of Medicine at St. Mary's, London, U.K. a.c.robinson@sm.ic.ac.uk

OBJECTIVE: To test the hypothesis that metformin therapy, given as an adjunct to insulin therapy, improves metabolic control in insulin-treated NIDDM patients with suboptimal glycemic control. RESEARCH DESIGN AND METHODS: A total of 33 subjects with insulin-treated NIDDM were investigated; all had commenced insulin after secondary failure of antihyperglycemic agents. Two randomized double-blind

placebo-controlled crossover studies were run. In study 1 (n = 19), insulin-treated subjects with suboptimal glycemic control received 12 weeks of metformin 1 g b.i.d. and 12 weeks of placebo. In study 2 (n = 14), subjects already established on adjunctive metformin-insulin therapy stopped the metformin component and received 12 weeks of metformin at their baseline dosage (range 1-2.5 g) and 12 weeks of equivalent placebo. Fasting plasma glucose, HbA_{1c}, and serum lipids were measured at baseline and midway through and at the end of each treatment phase. The effect of 12 weeks of metformin treatment was compared with the effect of 12 weeks of placebo in each study and in both studies combined. RESULTS: In study 1, metformin treatment was associated with significant improvements in fasting plasma glucose (mean 12-week difference from placebo [95% CI]: 5.8 mmol/l [3.6-8.1], P < 0.011) and HbA_{1c} (1.6% [0.9-2.4], P < 0.001). In study 2, metformin treatment was associated with significantly lower fasting plasma glucose (5.3 mmol/l [0.6-9.9], P = 0.029) and lower HbA_{1c} (2.4% [1.0-3.9], P = 0.003) compared with those for placebo. Study 2 also showed metformin treatment to be associated with significantly lower total cholesterol than that for placebo (1.0 mmol/l [0.1-1.9], P = 0.032) and lower LDL cholesterol (1.0 mmol/l [0.1-1.9], P = 0.028). This significant difference in serum lipids seen in study 2 was not seen in study 1, but was present when both sets of data were combined (n = 33, mean total cholesterol difference at 12 weeks [95% CI]: 0.6 mmol/l [0.1-1.1], P = 0.019). Metformin had no significant effect on triglyceride, HDL cholesterol, weight, or blood pressure. Two subjects on metformin withdrew because of side effects. CONCLUSIONS: Metformin, when given as adjunctive therapy, was well tolerated and improved glycemic control and lipid concentrations in patients with insulin-treated NIDDM whose diabetes was poorly controlled. These improvements could be maintained over the long term.

Publication Types:

Clinical Trial

Randomized Controlled Trial

PMID: 9599227 [PubMed - indexed for MEDLINE]

12: Diabetes Care 1998 Apr;21(4):477-81

Treatment of hypercholesterolemia and combined hyperlipidemia with simvastatin and gemfibrozil in patients with NIDDM. A multicenter comparison study.

Tikkanen MJ, Laakso M, Ilmonen M, Helve E, Kaarsalo E, Kilkki E, Saltevo J.

Department of Medicine, University of Helsinki, Finland.

OBJECTIVE: To compare the lipid-lowering efficacies of simvastatin and gemfibrozil in NIDDM patients with combined (mixed) hyperlipidemia (CHL) or isolated hypercholesterolemia (IHC). RESEARCH DESIGN AND METHODS: Patients with primary dyslipidemia and NIDDM were recruited for this double-blind, double-dummy comparison study from 10 Finnish centers. After a 4-week placebo run-in period, they were randomly assigned to simvastatin or gemfibrozil. The simvastatin group (n = 47) received 10 mg once nightly for 8 weeks, 20 mg for the next 8 weeks, and 40 mg for the third 8-week period. The gemfibrozil group (n = 49) received 600 mg twice daily throughout the 24 weeks. The lipid-lowering efficacies of both drugs were compared in all patients as well as separately in patients with CHL and IHC. RESULTS: In all patients, simvastatin reduced LDL and total cholesterol and the LDL-to-HDL cholesterol ratio more effectively, whereas gemfibrozil was more effective in elevating HDL cholesterol and decreasing triglyceride levels. The drug effects differed according to lipid phenotype at baseline. Simvastatin decreased LDL cholesterol levels by 30-40% in both phenotypes. Gemfibrozil caused a 15% reduction in LDL cholesterol in IHC but no change in CHL patients. Simvastatin produced 15-30% reductions in triglyceride levels in CHL but no change in IHC patients. Gemfibrozil caused reductions in triglycerides in CHL (50% and more) and in IHC (40%) patients, with 12-18% increases in HDL cholesterol in these groups. CONCLUSIONS: Simvastatin is useful

in both CHL and IHD patients, whereas gemfibrozil can be used in patients with high triglyceride and low or normal LDL cholesterol levels

Publication Types:
Clinical Trial
Multicenter Study
Randomized Controlled Trial

PMID: 9571327 [PubMed - indexed for MEDLINE]

13: J Clin Invest 1998 Apr 1;101(7):1421-30

Exendin(9-39)amide is an antagonist of glucagon-like peptide-1(7-36)amide in humans.

Schirra J, Sturm K, Leicht P, Arnold R, Goke B, Katschinski M

Clinical Research Unit for Gastrointestinal Endocrinology and Department of Gastroenterology and Endocrinology, Philipps University, 35033 Marburg, Germany. schirra@mail.uni-marburg.de

The gastrointestinal hormone, glucagon-like peptide-1(7-36)amide (GLP-1) is released after a meal. The potency of synthetic GLP-1 in stimulating insulin secretion and in inhibiting glucagon secretion indicates the putative physiological function of GLP-1. In vitro, the nonmammalian peptide, exendin(9-39)amide [ex(9-39)NH₂], is a specific and competitive antagonist of GLP-1. This in vivo study examined the efficacy of ex(9-39)NH₂ as an antagonist of exogenous GLP-1 and the physiological role of endogenous GLP-1. Six healthy volunteers underwent 10 experiments in random order. In each experiment, a 30-min period of euglycemia was followed by an intravenous infusion of glucose for 150 min that established a stable hyperglycemia of 8 mmol/liter. There was a concomitant intravenous infusion of one of the following: (1) saline, (2) GLP-1 (for 60 min at 0.3 pmol . kg⁻¹ . min⁻¹ that established physiological postprandial plasma levels, and for another 60 min at 0.9 pmol . kg⁻¹ . min⁻¹ to induce supraphysiological plasma levels), (3-5) ex(9-39)NH₂ at 30, 60, or 300 pmol . kg⁻¹ . min⁻¹ + GLP-1, (6-8) ex(9-39)NH₂ at 30, 60, or 300 pmol . kg⁻¹ . min⁻¹ + saline, (9 and 10) GIP (glucose-dependent insulintropic peptide; for 60 min at 0.3 pmol . kg⁻¹ . min⁻¹, with saline or ex(9-39)NH₂ at 300 pmol . kg⁻¹ . min⁻¹). Each volunteer received each of these concomitant infusions on separate days. ex(9-39)NH₂ dose-dependently reduced the insulintropic action of GLP-1 with the inhibitory effect declining with increasing doses of GLP-1. ex(9-39)NH₂ at 300 pmol . kg⁻¹ . min⁻¹ blocked the insulintropic effect of physiological doses of GLP-1 and completely antagonized the glucagonostatic effect at both doses of GLP-1. Given alone, this load of ex(9-39)NH₂ increased plasma glucagon levels during euglycemia and hyperglycemia. It had no effect on plasma levels of insulin during euglycemia but decreased plasma insulin during hyperglycemia. ex(9-39)NH₂ did not alter GIP-stimulated insulin secretion. These data indicate that in humans, ex(9-39)NH₂ is a potent GLP-1 antagonist without any agonistic properties. The pancreatic A cell is under a tonic inhibitory control of GLP-1. At hyperglycemia, the B cell is under a tonic stimulatory control of GLP-1.

Publication Types:
Clinical Trial
Randomized Controlled Trial

PMID: 9525985 [PubMed - indexed for MEDLINE]

14: Isr J Med Sci 1997 Oct;33(10):690-5

Glucagon-like peptide-1 structure, function and potential use for NIDDM.

Gefel D, Barg Y, Zimlichman R.

Department of Internal Medicine C, Barzilai Medical Center, Ashkelon, Israel.

Basic research on the cellular mechanisms that control the expression of the gene encoding glucagon has led to the discovery of proglucagon. This precursor is processed by tissue-specific proteolysis to produce glucagon in pancreatic alpha-cells and a glucagon-like peptide-1 (GLP-1) in the intestine. GLP-1 is a hormone that is released by intestinal cells into the circulation in response to food intake. GLP-1 and gastric inhibitory peptide (GIP) which has also been termed glucose-dependent insulinotropic peptide appear to account for most of the incretin effect in the augmentation of glucose-stimulated insulin secretion. These two hormones have specific beta-cell receptors that are coupled to GTP binding proteins to induce production of cyclic AMP and activation of cyclic AMP-dependent protein kinase. It is proposed that at least one factor contributing to the pathogenesis of non-insulin-dependent diabetes mellitus (NIDDM) is desensitization of the GLP-1 receptor on beta-cells. At pharmacological doses, infusion of GLP-1, but not of GIP, can improve and enhance postprandial insulin response in NIDDM patients. Agonists of GLP-1 receptor have been proposed as new potential therapeutic agents in NIDDM patients. The observations that GLP-1 induces both secretion and production of insulin, and that its activities are mainly glucose-dependent, led to the suggestion that GLP-1 may present a unique advantage over sulfonylurea drugs in the treatment of NIDDM.

Publication Types:

Review

Review, Tutorial

PMID: 9397146 [PubMed - indexed for MEDLINE]

15: Diabetes Care. 1997 Sep;20(9):1459-61

Lack of change of lipoprotein(a) levels by the optimization of glycemic control with insulin therapy in NIDDM patients.

Caixas A, Perez A, Ordóñez-Llanos J, Bonet R, Figla M, Castellvi A, Bayen L, de Leiva A.

Department of Endocrinology and Nutrition, Hospital de Sant Pau, Universitat Autònoma de Barcelona, Spain.

OBJECTIVE: To evaluate the effect of glycemic control improvement with insulin therapy on lipoprotein(a) [Lp(a)] levels in patients with NIDDM. **RESEARCH DESIGN AND METHODS:** We performed a longitudinal study in a tertiary referral center to compare lipid and Lp(a) levels before and after 3 months of insulin therapy in 60 poorly controlled NIDDM patients (32 men, 28 women). Patients previously treated with oral hypoglycemic agents (n = 50) received one to two insulin doses, and those previously treated with insulin (n = 10) received multiple insulin doses. Lp(a) levels were measured by the Turbido method. Differences between the two periods were assessed by the paired t test and Wilcoxon's test. **RESULTS:** After 3 months of insulin therapy, HbA1c decreased from 9.6 +/- 1.9 to 6.2 +/- 1.4% (P < 0.0015) in all patients and from 9.1 +/- 2.1 to 6.1 +/- 2.9% (P < 0.05) in patients under multiple insulin doses, being < or = 6.0% in 59% of patients. Total triglyceride and VLDL cholesterol levels decreased (P < 0.01) and HDL cholesterol increased significantly (P < 0.0015). However, no changes in Lp(a) levels were observed in all patients (25.3 +/- 25.0 vs 25.7 +/- 27.2 mg/dl) and in patients with baseline Lp(a) levels above (63.5 +/- 18.5 vs. 65.1 +/- 23.1 mg/dl) or below 30 mg/dl (11.5 +/- 7.5 vs. 11.5 +/- 7.3 mg/dl). In addition, patients reaching HbA1c levels < or = 6.0% or > 6.0% presented similar Lp(a) levels (26.3 +/- 29.1 vs 25.3 +/- 25.0 mg/dl). Moreover, no correlations were observed between changes in Lp(a) levels and in the glycemic control parameters. **CONCLUSIONS:** This study shows that the improvement of glycemic

control by insulin therapy does not influence plasma Lp(a) levels, measured by the Terumo method, in NIDDM patients, independently of baseline values and the degree of glycaemic control reached.

PMID: 9281797 [PubMed - indexed for MEDLINE]

16: Diabetes 1997 Jul;46(7):1207-13

Optimization of glycaemic control by insulin therapy decreases the proportion of small dense LDL particles in diabetic patients.

Gaixas A, Ordóñez-Llana C, de Leiva A, Bayes A, Homs R, Pérez A.

Endocrinology Department, Hospital de Sant Pau, Universitat Autònoma de Barcelona, Spain.

Small dense LDL particles (B phenotype) are considered to be more atherogenic than large buoyant LDL particles. The influence of glycaemic control on LDL particle size and density is still under debate. The aim of this study was to determine LDL subfraction phenotype in both IDDM and NIDDM patients in poor glycaemic control compared with that of respective matched control groups. In addition, we evaluated the effect of a 3-month period of optimized glycaemic control on this parameter. Thirty-seven IDDM patients and 33 NIDDM patients, together with two respective age-, sex-, and BMI-matched control groups were studied. Non-A phenotype prevalence in IDDM patients before (19%) and after blood glucose optimization (11%) was similar to that of their control group (12%). However, NIDDM patients displayed a higher proportion of the non-A phenotype (51%) than did the control group (28%), but it became closer (30%, $P < 0.05$) after glycaemic control improved. All subjects with non-A phenotype that changed to A phenotype showed triglyceride levels below 1.63 mmol/l and a greater decrease in HbA_{1c} than did subjects whose phenotype did not change (4.9 ± 1.5 vs. $3.1 \pm 1.4\%$, $P < 0.05$). A higher proportion of small dense LDL was observed in NIDDM women than in nondiabetic women (LDL5 10.0 ± 4.8 vs. $6.3 \pm 1.5\%$, LDL6 6.1 ± 2.2 vs. $4.2 \pm 0.8\%$, $P < 0.05$) during both stages of glycaemic control, but no differences were observed between NIDDM and nondiabetic men. In conclusion, these findings provide new evidence for the relevance of near-normal glycaemic control in the prevention of macrovascular disease and could contribute to an explanation of the loss of protection for cardiovascular disease in diabetic women.

PMID: 9200657 [PubMed - indexed for MEDLINE]

17: Diabetologia 1997 Jul;40(7):843-9

Short-term oestrogen replacement therapy improves insulin resistance, lipids and fibrinolysis in postmenopausal women with NIDDM.

Brussaard HE, Gevers Leuven JA, Frolich M, Kluft C, Krans HM.

Department of Endocrinology and Metabolic Diseases, University Hospital, Leiden, The Netherlands.

Oestrogen replacement therapy is associated with a decreased risk of cardiovascular disease in postmenopausal women. Patients with non-insulin-dependent diabetes mellitus (NIDDM) have an increased cardiovascular risk. However, oestrogen replacement therapy is only reluctantly prescribed for patients with NIDDM. In a double blind randomized placebo controlled trial we assessed the effect of oral 17 beta-estradiol during 6 weeks in 40 postmenopausal women with NIDDM. Glycated haemoglobin (HbA_{1c}), insulin sensitivity, suppressibility of hepatic glucose production, lipoprotein profile and parameters of fibrinolysis were determined. The oestrogen treated group

demonstrated a significant decrease of HbA_{1c} and in the normotriglyceridaemic group a significantly increased suppression of hepatic glucose production by insulin. Whole body glucose uptake and concentrations of non-esterified fatty acids did not change. LDL-cholesterol- and apolipoprotein B levels decreased, and HDL-cholesterol, its subfraction HDL₂-cholesterol and apolipoprotein A₁ increased. The plasma triglyceride level remained similar in both groups. Both the concentration of plasminogen activator inhibitor-1 antigen and its active subfraction decreased. Tissue type plasminogen activator activity increased significantly only in the normotriglyceridaemic group. Oestrogen replacement therapy improves insulin sensitivity in liver, glycaemic control, lipoprotein profile and fibrinolysis in postmenopausal women with NIDDM. For a definite answer as to whether oestrogens can be more liberally used in NIDDM patients, long term studies including the effect of progestogens are necessary.

Publication Types:
Clinical Trial
Randomized Controlled Trial

PMID: 9243107 [PubMed - indexed for MEDLINE]

18: Atherosclerosis 1997 Jan 3;108(1):113-9

Plasma lipoproteins and incidence of non-insulin-dependent diabetes mellitus in Pima Indians: protective effect of HDL cholesterol in women.

Fagot-Campagna A, Narayan KM, Hanson RL, Imperatore G, Howard BV, Nelson RG, Pettitt DJ, Knowler WC.

National Institute of Diabetes and Digestive and Kidney Diseases, Phoenix, AZ 85014, USA. fax:001.602.855.7200

The role of plasma lipoproteins in the development of non-insulin-dependent diabetes mellitus (NIDDM) was studied in 787 non-diabetic (2-h glucose < 11.1 mmol/l) Pima Indians (265 men and 522 women). Subjects were followed for a mean of 9.8 (range: 1.8-16.4) years, during which 261 (76 men and 185 women) developed NIDDM. In men and women, very-low-density lipoprotein (VLDL) cholesterol, VLDL triglyceride, low-density lipoprotein triglyceride and total triglyceride, controlled for age, predicted NIDDM ($P < 0.01$ for each). These effects diminished when controlled for age, sex, body mass index, systolic blood pressure and 2-h glucose. However, high-density lipoprotein (HDL) cholesterol, controlled for age, body mass index, systolic blood pressure and 2-h glucose, was a significant protective factor for NIDDM in women (hazard rate ratio (HRR) = 0.35, 95% CI 0.23-0.54), $P < 0.001$, 90th compared with 10th percentile) but not in men (HRR = 1.04, 95% CI 0.53-2.05), $P = 0.915$). This association remained significant in women when controlled for fasting or 2-h plasma insulin concentrations, other estimates of insulin resistance or alcohol consumption. The protective effect of HDL cholesterol was similar among women with normal (2-h glucose < 7.8 mmol/l) or impaired (7.8 mmol/l < or = 2-h glucose < 11.1 mmol/l) glucose tolerance at baseline. These results indicate that lipoprotein disorders are an early accompaniment of the abnormalities that lead to NIDDM.

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19: Acta Biol Hung 1997;48(3):355-67

Treatment possibility of hypercholesterolaemia associated with hypertriglyceridaemia.

Paragh G, Balogh Z, Boda J, Kovacs P, Karpati L, Szabo J, Leovey A.

1st Department of Internal Medicine, University Medical School of Debrecen,

Hungary.

Thirty patients were investigated with hyperlipoproteinaemia, 15 patients with non-insulin dependent diabetes mellitus (NIDDM) and 15 with primary hyperlipoproteinaemia. The patients took 250 mg acipimox (5-methyl-pyrazine-carboxylic acid 4-oxide) 3 times per day for 2 months. Serum examinations were performed before and after 1 and 2 months of acipimox administration. After treatment the cholesterol and triglyceride levels decreased in both groups. Patients with NIDDM had 11% increase of high density lipoprotein-cholesterol (HDL-C) level at the end of the first, and 18% increase at the end of the second month, while patients with primary hyperlipoproteinaemia did not change significantly. The low density lipoprotein (LDL) level did not change significantly in either groups of patients. The apolipoprotein A 1 (apo A 1) levels increased significantly during the second month of acipimox administration. Uric acid levels decreased in both groups, but significant change could be detected mainly in the NIDDM group. Serum glucose level did not change in the non-diabetic patients, while it decreased significantly in the NIDDM group.

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20: Diabetes Care 1996 Nov;19(11):1200-6

The antidiabetogenic effect of GLP-1 is maintained during a 7-day treatment period and improves diabetic dyslipoproteinemia in NIDDM patients.

Juntti-Berggren L, Pigeon J, Karpe F, Hamsten A, Gutniak M, Vignati L, Efendic S.

Department of Molecular Medicine, King Gustaf V Research Institute, Karolinska Hospital, Karolinska Institute, Stockholm, Sweden. lisapenk.ks.se

OBJECTIVE: To investigate the long-term antidiabetogenic effect of glucagon-like peptide 1 (GLP-1) and its influence on diabetic dyslipoproteinemia, patients with NIDDM were treated with GLP-1 subcutaneously for 1 week. **RESEARCH DESIGN AND METHODS:** Twelve patients participated in the study. The 1st week of the study, all of them were on intensive insulin treatment and from day 3, four were randomized to a control group continuing with insulin, and eight to a treatment group where GLP-1 was given at meals together with regular insulin from day 8 to 12. On days 13 and 14, they were only given GLP-1 at meals. NPH insulin at bedtime was given throughout the study. **RESULTS:** In the GLP-1-treated patients, the doses of regular insulin, given to keep a satisfactory blood glucose control, were reduced compared with treatment with insulin only. GLP-1 virtually inhibited the early increase in blood glucose after the meals, whereas an increase of approximately 2 mmol was seen during an optimized insulin treatment. In agreement with the short half-life of the peptide, 2-h postprandial plasma insulin levels were significantly decreased both at day 12 and 14, suggesting that there was not enough GLP-1 left to stimulate endogenous insulin release and compensate for the decrease in the dose of exogenous insulin. Therefore, the effect of GLP-1 was lost before the next meal, resulting in increased preprandial blood glucose values at lunch and dinner. The concentration of VLDL triglycerides decreased already during the 1st week. This decrease persisted during the 2nd week when GLP-1 was included in the treatment. No changes were observed in the levels of LDL and HDL cholesterol. The LDL particle diameter increased from a mean of 22.3 to 22.6 nm ($P < 0.01$) in response to insulin treatment. A further increment to 22.9 nm ($P < 0.05$) was seen after GLP-1 treatment. The LDL particle size did not change in the control group. Lipoprotein lipase activity was decreased by 27% and hepatic lipase was reduced by 15% in the GLP-1-treated group. **CONCLUSIONS:** We confirm the antidiabetogenic effect of GLP-1 in NIDDM patients. This effect was maintained during 7 days, which implies that the patients did not develop tolerance during this treatment period. Intensive insulin treatment, leading to normotriglyceridemia, increased the mean LDL particle diameter, which is likely to lower the risk of future coronary heart disease in patients with NIDDM. Furthermore, an additive effect

of GLP-1 is indicated. Hence, this study gives additional evidence that GLP-1 may be useful as an agent for treating NIDDM.

Publication Types:
Clinical Trial
Randomized Controlled Trial

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21: Atherosclerosis 1996 Apr 5;121(2):267-73

High plasma insulin is associated with lower LDL cholesterol in elderly individuals.

Strandberg TE, Tilvis RS, Lindberg O, Valvanne J, Sairanen S, Ehrholm O, Tuomilehto J.

Geriatric Unit, Department of Medicine, University of Helsinki, Helsinki, Finland.

To investigate possible relationships between plasma low density lipoprotein (LDL) cholesterol and fasting plasma insulin in the elderly, cross-sectional random samples of age cohorts (65, 75, 80 and 85 years, n = 1198, M/F 33/62 percent) were studied in the neighbouring cities of Helsinki and Vantaa, Finland. Plasma total and high density lipoprotein (HDL) cholesterol, plasma triglycerides, blood glucose and plasma insulin were measured after an overnight fast. LDL cholesterol was calculated using the Friedewald equation. Statistical analyses were performed separately in subjects with non-insulin-dependent diabetes mellitus (NIDDM, n = 219) and non-diabetic subjects (n = 969). Comparison of lipid levels by insulin quartile (I < 7.4 IU/l, II 7.4-10.0, III 10.1-15.0, IV > 15.0) showed that total and LDL cholesterol decreased in the highest insulin quartile (P = 0.003). This trend prevailed after adjustments for age, gender, body mass index, blood glucose and serum triglycerides, and it was significant also in normotriglyceridemic (serum triglycerides <2.3 mmol/l) subjects. Furthermore, the association between high insulin and lower cholesterol was seen in normoglycemic (fasting blood glucose <6.7 mmol/l) and diabetic subjects. Lower LDL cholesterol in elderly subjects with higher fasting insulin may reflect poor health or a 'harvesting' effect, but the results may also be due to effects of insulin on LDL catabolism and/or cholesterol absorption.

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22: Ann Biol Clin (Paris) 1998;53(10-11):557-60

Deterioration of the plasma lipid profile during hospitalization of aged non-insulin-dependent diabetic patients. Comparison with non-diabetic control patients.

Gomez-Jimenez FJ, Cano MD, Miras FJ, de la Higuera JM, Castillo MJ.

Department of Physiology, University of Granada, Spain.

This study aimed at investigating the changes occurring in the plasma lipid profile of patients with non-insulin-dependent diabetes mellitus (NIDDM) hospitalized for treatment of intercurrent diseases. Twenty-nine non-insulin requiring NIDDM patients (15 men, 14 women; mean age: 67 +/- 2 yrs) and 26 adequately matched patients (12 men, 14 women; mean age: 71 +/- 2 yrs) have been prospectively studied. They were all hospitalized for treatment of various diseases. Diabetic and non-diabetic patients received similar treatment except for intensive insulin therapy in the former group. On admission, diabetic

subjects had significantly higher plasma levels of triglycerides and lower levels of HDL cholesterol; during hospitalization, LDL, HDL cholesterol and apo A1 levels increased significantly. In the non-diabetic group, hospitalization and treatment induced significant increases in triglycerides, LDL cholesterol and apo B levels. In conclusion, although insulin treatment during hospitalization of non-insulin requiring NIDDM patients does not fully reverse the abnormal lipid profile, it may help to prevent its further deterioration, particularly by increasing HDL cholesterol levels and hence by decreasing the LDL/HDL cholesterol ratio.

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23: Diabetes Care 1993 Apr;16(4):584-92

Effects of gemfibrozil on low-density lipoprotein particle size, density distribution, and composition in patients with type II diabetes.

Lahdenpera S, Tilly-Kiesi M, Vuorinen-Marckola H, Kuusi T, Taskinen MR.

Second Department of Medicine, University of Helsinki, Finland.

OBJECTIVE--To study the effects of gemfibrozil treatment on LDL particle size, density distribution, and composition in NIDDM patients. RESEARCH DESIGN AND METHODS--We performed LDL analyses on 16 NIDDM patients with stable glycemic control. They were randomly allocated to receive either gemfibrozil (n = 8) or a placebo (n = 8) for 3 mo in a double-blind study. The LDL particle size distribution and the particle diameter of the major LDL peak were measured with nondenaturing polyacrylamide gradient gel electrophoresis. The density distribution and composition of LDL were determined with the density gradient ultracentrifugation method. RESULTS--In the gemfibrozil group the mean serum TG concentration decreased by 38%, HDL cholesterol concentration increased by 10%, and LDL cholesterol concentration by 17% (P < 0.05). During gemfibrozil therapy the mean particle diameter of the major LDL peak increased from 244 to 251 Å (P < 0.05), whereas in the placebo group the mean LDL particle diameter remained unchanged. We found an inverse correlation between the changes of serum TG and the particle diameters of the major LDL peak (r = 0.85, P < 0.01). Gemfibrozil produced a shift in the LDL density distribution toward lower density. The mean peak density decreased from 1.0371 to 1.0345 g/ml because of a significant rise in the light LDL concentration from 141.0 to 183.2 mg/dl (P < 0.05), whereas the concentration of dense LDL had a tendency to decrease. In the placebo group the LDL density distribution did not change. Gemfibrozil increased the CE-to-TG ratio in LDL core lipids by 27% (P < 0.05); otherwise, the LDL composition was only slightly affected. CONCLUSIONS--The results indicate gemfibrozil-induced changes in LDL properties in NIDDM patients are similar to those previously reported in nondiabetic individuals and are related to changes in serum TG level.

Publication Types:

Clinical Trial

Randomized Controlled Trial

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